

AMITY UNIVERSITY, MAHARATSRA

Departmental Ethics Review Committee Amity Institute of Behavioral and Allied Sciences

Date: 25th April 2022

Letter Number: AUM/AIBAS/EC/2022/01

Subject: Approval for Ethical Research - "Mindful Self-Compassion for Psychological Distress associated with Skin Conditions: An Online Intervention Study"

Dear Aparna Sengupta,

I am writing to inform you that your research proposal titled **Mindful Self-Compassion for Psychological Distress associated with Skin Conditions: An Online Intervention Study** Project has been approved by the Ethics Review Committee of Amity University Maharashtra. This approval is granted on the basis of the thorough consideration and adherence to ethical guidelines during the data collection process.

The Ethics Review Committee has carefully reviewed your research proposal and is satisfied that it meets the ethical standards and guidelines set forth by the university. The committee has taken into account the following aspects of your research:

Informed Consent: The committee acknowledges that you have obtained informed consent from all participants involved in the study. It is commendable that you have taken the necessary steps to ensure that participants were fully informed about the purpose, procedures, and potential risks and benefits of the research.

Confidentiality: The committee recognizes that you have implemented appropriate measures to maintain the confidentiality and anonymity of participants. This includes secure data storage, anonymization of participant information, and the use of codes or pseudonyms instead of personal identifiers.

Privacy and Data Protection: The committee appreciates that you have respected the privacy of the participants throughout the research process. You have ensured that the data collected will only be used for the specified research purposes and will be handled in accordance with applicable data protection laws and regulations.

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Voluntary Participation: The committee acknowledges that participation in the study was entirely voluntary and that participants were free to withdraw at any stage without penalty or consequence. It is essential that participants were given the opportunity to provide informed consent without any form of coercion or pressure.

Potential Risks and Benefits: The committee has carefully assessed the potential risks and benefits associated with your research. It is evident that the benefits of this study significantly outweigh any potential risks or discomfort to the participants. Additionally, you have taken appropriate measures to mitigate any potential harm or distress that participants may experience.

Based on the thorough review and evaluation of your research proposal, we are confident that your study upholds the ethical principles and guidelines required by Amity University Maharashtra. We appreciate your dedication to conducting research that promotes the well-being and safety of children within the community.

Please ensure that you continue to adhere to the ethical guidelines throughout the duration of your research. It is your responsibility to maintain ethical standards and promptly report any unforeseen ethical issues that may arise during the course of your study.

We wish you all the best with your research endeavors and trust that your study will contribute to the advancement of community psychology and community mental health.

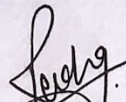
If you have any questions or require further assistance, please do not hesitate to contact the Ethics Review Committee. Once again, congratulations on the approval of your research proposal.



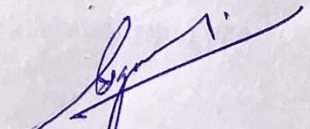
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