

## Xanthoma disseminatum in a young man

A 37-year-old man presented with asymptomatic, yellowish, reddish-brown papules that were coalescing to form plaques on the face, neck, trunk and, flexures [Figures 1a and 1b]. In addition, he had polydipsia and polyuria, and had recently developed hoarseness of voice and difficulty in breathing.

Histopathological examination of the cutaneous lesions on the neck revealed dense lymphohistiocytic collections in

the dermis as well as Touton-type giant cells. Investigations revealed a reduced serum vasopressin level and reduced urine osmolality. An absent posterior pituitary bright spot was observed on magnetic resonance imaging (MRI). Based on these findings, a diagnosis of xanthoma disseminatum with diabetes insipidus was made.<sup>1,2</sup>



**Figure 1a:** Multiple, discrete, yellowish to brownish papules coalescing to form plaques on the face.



**Figure 1b:** Numerous, discrete yellowish to reddish brown papules coalescing to form plaque on the right axilla.

### Declaration patient consent

The authors certify that they have obtained all appropriate patient consent.

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### Conflicts of interest

There are no conflicts of interest.

### Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of AI-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

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