preventing the paradoxical flare of disease activity following RTX treatment.

### **Declaration of patient consent**

Patient's consent not required as there are no patients in this study.

**Financial support and sponsorship** Nil.

### **Conflicts of interest**

There are no conflicts of interest.

# Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

# Harshita R. Vyas <sup>(D)</sup>, Jignaben K. Padhiyar <sup>(D)</sup>, Nayan H. Patel, Jahnavi R. Patel

Department of Dermatology, Venereology and Leprosy, GCS Medical College Hospital and Research Centre, Ahmedabad, India.

Corresponding author: Dr. Harshita R. Vyas, Department of Dermatology, Venereology and Leprosy, GCS Medical College Hospital and Research Centre, Ahmedabad, India. dr.harshitavyas@gmail.com

### References

- Gupta V, Ahuja R, Sindhuja T, Imran S, Viswanathan GK, Tembhre MK, *et al.* Clinical and immunological predictors of post-rituximab paradoxical pemphigus flare: A prospective cohort study. Indian J Dermatol Venereol Leprol 2024;1–6. doi: 10.25259/ IJDVL\_894\_2023
- Narayanan A, Ramam M, Bhari N. A retrospective case-control study of clinical factors associated with paradoxical exacerbation of pemphigus vulgaris following rituximab infusion. Int J Dermatol 2020;59:e459–e460.
- Padhiyar JK, Patel NH, Lakum MP, Patel JR, Patel KA, Patel HB, *et al.* Paradoxical disease flare, skin infection and hypogammaglobulinaemia in patients with pemphigus vulgaris treated with rituximab. Clin Exp Dermatol 2024;49:175–7.
- Barmettler S, Ong MS, Farmer JR, Choi H, Walter J. Association of immunoglobulin levels, infectious risk, and mortality with rituximab and hypogammaglobulinemia. JAMA Network Open 2018;1: e184169.

# Secondary skin infection as trigger for post-rituximab paradoxical pemphigus flare?

## Dear Editor,

We thank the authors<sup>1</sup> for their interest in our study of clinical and immunological predictors of post-rituximab paradoxical pemphigus flare<sup>2</sup> and are happy to respond to their queries.

Out of the 57 patients screened, we included 50 in our study. The treatment plan was changed in three patients: corticosteroid pulses due to financial constraints in two patients and intravenous immunoglobulin due to concurrent sepsis followed by steroid pulses in one patient. The remaining four patients received only the first dose of rituximab: two patients declined the second dose due to financial reasons, one developed a urinary tract infection and the second dose was withheld, while another patient did not return after the first dose. We agree with the authors that these patients could have been followed up to look for flare; however, at the time,

we chose to exclude them as the plan to administer the second rituximab dose was abandoned.

The included patients were evaluated at two and four weeks for a post-rituximab pemphigus flare. As stated in our results, ten patients experienced a flare: eight after the first rituximab dose within two weeks and two patients within four weeks.

It is interesting to learn that the authors have also observed this unusual phenomenon of post-rituximab pemphigus flare in their practice and hypothesise that secondary skin infection caused by rituximab-induced hypogammaglobulinemia could be a triggering event. Though an attractive hypothesis, we feel the evidence provided in their study is insufficient to support it. The authors reported paradoxical flare in 4 (9%) out of 44 patients. However, what defines a 'flare' in terms of Pemphigus Disease Area Index (PDAI) or treatment change was not specified, which could potentially lead to

How to cite this article: Gupta V, Ahuja R, Sindhuja T, Imran S, Viswanathan GK, Tembhre MK, *et al.* Secondary skin infection as trigger for post-rituximab paradoxical pemphigus flare? Indian J Dermatol Venereol Leprol. 2024;90:550-1. doi: 10.25259/IJDVL 615 2024

Received: April, 2024 Accepted: May, 2024 EPub Ahead of Print: May, 2024 Published: June, 2024

**DOI:** 10.25259/IJDVL\_615\_2024 **PMID:** 38899422

an inaccurate estimation of the flare incidence. Further, the authors should have compared the infection rates in the 'flare' group with that of the 'non-flare' group to detect an association between secondary skin infection and pemphigus flare, but no information is provided on the 40 patients who did not experience pemphigus flare. The timeline of flare vis-à-vis secondary skin infection is also not clear, and thus establishing a cause-effect relationship is challenging. Secondary skin infection developing as a complication of pemphigus flare is equally plausible, as was the case with one of our patients who succumbed to sepsis.

The authors propose that rituximab-induced hypogammaglobulinemia could predispose to infections, which, in turn, can trigger an epitope-spreading phenomenon leading to the pemphigus flare.<sup>3</sup> There is conflicting evidence on the link between rituximab-associated hypogammaglobulinemia and infection risk in the published literature.<sup>4,5</sup> Even so, paradoxical pemphigus flares have not been noted with other immunosuppressive treatments that also predispose to infections. Rituximab has been shown to alter the balance between B-effector and regulatory B-cell populations in favour of effector cells, depending on the timing of B-cell depletion in a murine model, which may explain why this phenomenon is unique to rituximab among all pemphigus treatments.6

In our study, we did not report the baseline skin microbial studies as skin infection was not selected as *a priori* baseline predictor of flare. Similarly, skin microbial studies at the time of flare were also not reported, as the objective of our study was to evaluate the baseline predictors of flare and not to characterise changes at the time of or after a flare.

We appreciate the authors for bringing forth some interesting points through their work, providing us with a chance to further discuss a few nuanced aspects of this unusual phenomenon of post-rituximab paradoxical pemphigus flare.

### **Declaration of patient consent**

Patient's consent not required as there are no patients in this study.

## **Financial support and sponsorship** Nil.

# **Conflicts of interest**

There are no conflicts of interest.

# Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of AI-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

Vishal Gupta, Rhea Ahuja, Tekumalla Sindhuja, Shafaque Imran, Ganesh Kumar Viswanathan<sup>1</sup>, Manoj Kumar Tembhre<sup>2</sup>, Shivam Pandey<sup>3</sup>, Sujay Khandpur

Department of Dermatology and Venereology, <sup>1</sup>Haematology, <sup>2</sup>Cardiac Biochemistry, <sup>3</sup>Biostatistics, All India Institute of Medical Sciences, New Delhi, India

**Corresponding author:** 

Dr. Vishal Gupta, Department of Dermatology and Venereology, All India Institute of Medical Sciences, New Delhi, India. doctor.vishalgupta@gmail.com

### References

- 1. Vyas HR, Padhiyar JK, Patel NH, Patel JR. Hypogammaglobulinemiainduced skin infections as a factor of post rituximab paradoxical flare in pemphigus. Indian J Dermatol Venereol Leprol. 2024;90:549-50.
- Gupta V, Ahuja R, Sindhuja T, Imran S, Viswanathan GK, Tembhre MK, *et al.* Clinical and immunological predictors of post-rituximab paradoxical pemphigus flare: A prospective cohort study. Indian J Dermatol Venereol Leprol 2024:1–6. doi: 10.25259/ IJDVL\_894\_2023
- Padhiyar JK, Patel NH, Lakum MP, Patel JR, Patel KA, Patel HB, et al. Paradoxical disease flare, skin infection and hypogammaglobulinaemia in patients with pemphigus vulgaris treated with rituximab. Clin Exp Dermatol 2024;49:175–7.
- Kim SH, Park NY, Kim KH, Hyun JW, Kim HJ. Rituximab-induced hypogammaglobulinemia and risk of infection in neuromyelitis optica spectrum disorders: A 14-year real-life experience. Neurol Neuroimmunol Neuroinflamm 2022;9:e1179.
- Evangelatos G, Fragoulis GE, Klavdianou K, Moschopoulou M, Vassilopoulos D, Iliopoulos A. Hypogammaglobulinemia after rituximab for rheumatoid arthritis is not rare and is related with good response: 13 years real-life experience. Rheumatology (Oxford) 2021;60:2375–82.
- Matsushita T, Yanaba K, Bouaziz JD, Fujimoto M, Tedder TF. Regulatory B cells inhibit EAE initiation in mice while other B cells promote disease progression. J Clin Invest 2008;118:3420–30.