

RECURRENT PITYRIASIS ROSEA

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A case of recurrent pityriasis rosea in a 25-year-old man is reported. He had his first attack 4 years ago and new outbreaks followed every year in winter with last 2 episodes occurring in the same year. All investigations were normal and no explanation for recurrences was found.

Key words : Pityriasis rosea, Recurrence

Introduction

Pityriasis rosea is an acute inflammatory dermatosis, probably infective in origin, with a self-limiting course, affecting mainly children and young adults. Most of the patients have only single attack. We are reporting a patient with recurrent pityriasis rosea who had 5 attacks in last 4 years.

Case Report

A 25 - year- old man presented with multiple, non itchy hypopigmented macules with fine scales, located on the trunk and proximal extremities, the first attack was 4 years ago and new outbreaks followed every year in winter with last 2 episodes occurring in the same year. Each episode lasted for 4-6 weeks. In each episode a herald patch on left scapular region first appeared which was followed by a secondary eruption. Blood examination including serological test for syphilis revealed

no abnormality and scrapings and KOH mount and culture for dermatophytes were negative. There was no history of associated drug intake.

Discussion

Pityriasis rosea is a relatively common disease with the highest incidence in the autumn, winter and spring. Only a few reports are available regarding recurrent pityriasis rosea.¹⁻⁴ Second attacks of pityriasis rosea are said to occur in about 2% of cases after an interval of a few months or many years. Multiple recurrences have rarely been reported.^{3,4} This case appears to be the first such report from India.

References

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