



Clinical and molecular studies in two patients with dystrophic epidermolysis bullosa

Sir,

Epidermolysis bullosa is a group of rare genetic mechanobullous diseases of the skin resulting in early blistering of the skin and mucous membrane. Bart syndrome or type VI aplasia cutis congenita is characterised by the clinical triad of congenital, localised absence of skin on limbs, mucocutaneous blistering (any type of epidermolysis bullosa) and nail abnormalities.¹⁻³ This paper describes the clinical features, molecular studies of two babies with dystrophic EB congenita including exome sequencing and the care provided to them.

A three-days-old female baby was brought with peeling of skin associated with fluid-filled lesions on lower extremities, trunk and absence of skin on certain areas of both lower limbs since birth. There was no positive family history. A thin shiny translucent membrane was seen on the anteromedial aspect of both lower limbs and feet, consistent with aplasia cutis congenita (Figure 1 Patient 1 newborn). There was no mucosal involvement, but perioral desquamation and erosions were present. Systemic examination was normal. Paraffin-based dressings were advised. During the follow-up at 18 months of age, previously eroded areas as well as the aplastic areas had developed atrophic scarring. There was onycho-dystrophy of both thumbs, great toes, right fourth toe and anonychia of left third, fourth fingernails and all except the great toe nail on the right (Figure 1 patient 1-one year). The second baby, a five-days-old male, presented with a congenital absence of skin over the right lower limb (Figure 1 Patient 1 newborn). He was born to third-degree consanguineous parents [Figure 2b]. The paternal uncle had similar lesions with blister formation since birth and died at 25 years of age owing to complications arising out of his skin problems. Physical examination showed an asymmetrical absence of skin over the anterior-medial aspect of both legs [Figure 1b] (Figure 1 Patient 2) and a few blisters over the dorsa of fingers. The wounds were treated with a gentle two-sided wound contact layer with silicone adhesion (Mepitel™) and collagen-based dressings. The healed wounds showed hypopigmentation, milia and minimal atrophy. Immunofluorescence mapping

IFM on skin biopsy of the second baby did not reveal any detectable staining of type VII collagen and showed reduced type VII collagen staining compared to control skin, and normal staining was seen for type IV collagen, laminin 332 and keratin 14 antibodies. These findings were suggestive of dystrophic epidermolysis bullosa [Figure 2a]. Genetic testing (exome sequencing) of the first baby identified a de novo heterozygous missense mutation nucleotide change in c.7976G>A; p. Gly2659Glu in the collagen VIIa triple helix domain with parents harbouring normal alleles [Figure 2b-c]. *In silico* analysis with polyphen and sift tools, and predictions suggested that the variant is pathogenic and deleterious [Figure 2d]. Exome analysis of second patient identified two homozygous mutations in exons 19 and 85 in the collagen VIIa gene –mutation with nucleotide changes c.2548G>T p. Asp850Tyr located in fibronectin repeat domain (Figure 2d-patient 1) and c.6738G>T p. Leu2246Phe in the triple helix domain, respectively (Figure 2d-patient 2) These changes are predicted to be deleterious and reduce the stability of the protein (Figure 2d-patient 2). Both above variants were novel and has not been previously described in reference databases. Correlation of clinical and IFM findings along with molecular genetic analysis of probands have identified both dominant dystrophic epidermolysis bullosa (case1) and recessive dystrophic epidermolysis bullosa (case 2) in association with aplasia cutis congenita (class VI) [Figure 2b]. These findings are summarised in Table 1.

Several studies have identified missense mutations in the triple helix domain of collagen type VII alpha 1 chain with epidermolysis bullosa and aplasia cutis congenita [Figure 3]. These mutations in the triple helix domain can destabilise the triple helix, ultimately leading to the formation of abnormal anchoring fibril complex and skin fragility. This was reflected in the reduced collagen VIIa staining in the dermis which suggests that mutant protein could be targeted for ubiquitin-mediated degradation. On the other hand, mutations in NC1 (case 2) could affect the domain interactions with critical partners in the extra cellular matrix, such as binding to fibronectin. Repeated blistering at mechanically stressed

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A.Clinical phenotypes of patients with EB.

Patient 1 (Newborn)



Patient 1 - One year



Patient 2



Figure 1: Clinical and molecular Investigations of Infants with ACC. A clinical feature showing blistering and erosion of the skin at birth (patient 1). The images of the wounds and deformity due to wound healing, scarring and fibrosis (patient 1-one year). The ACC in the new born with wound healing issues and recurrent blisters (patient 2).

Table 1: Summary of clinical and molecular analysis of dystrophic epidermolysis bullosa patients

	Inheritance	Clinical manifestation	IFM	Domain of protein	PolyPhen2.0/SIFT
Patient 1	Autosomal dominant (<i>de novo</i>)	Absent skin was seen as a thin shiny translucent membrane on the anteromedial aspect of both lower limbs and the feet, consistent with aplasia cutis congenital Onycho-dystrophy of bilateral thumb, great toes and right 4 th toe, and anonychia of left 3 rd , 4 th fingernails and right 2 nd to 5 th toenails.	Absent staining of type VII collagen	p. Gly2659Glu triple <i>helix</i> domain (THD). Missense Mutation	Probably damaging
Patient 2	Autosomal recessive (inherited)	Congenital absence of skin over the right lower limb. The healed wounds show hypo-pigmentation, milia and minimal atrophy.	Reduced staining of type VII collagen	p. Asp850Tyr and p. Leu2246Phe Missense mutation Two homozygous mutations in exon19 and 85.	Mutations (exon85) are damaging (score 1.0). The stability of the protein is decreased (SIFT)

areas and altered healing lead to persistent inflammation, which often manifests as frequent infections, fibrosis, scarring and deformity.^{4,5} For a dermatologist, with limited treatment options, accurate diagnosis and counselling are the key steps in devising a treatment plan. Wound care with supplemental collagen-based dressing is critical for the early management of dystrophic epidermolysis bullosa. This is essential to check the progression of the wounds into scars and deformities in multidisciplinary care. Information obtained from genetic testing would be prudent in deploying cascade screening, prenatal testing and genetic counselling for future pregnancies.

Declaration of patient consent

The study is reviewed and approved by BMCRI Ethics Committee (BMCRI/PS/205).

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Conflict of interest

There are no conflicts of interest.

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Cutaneous metastasis from pancreatic cancer misdiagnosed as neuropathic foot ulcer

Dear Editor,

A 63-year-old man was referred to the Department of Dermatology with a one-month history of cutaneous ulceration on the plantar surface of his left foot. The patient's medical history included long-standing diabetes mellitus, and a pancreatic ductal adenocarcinoma staged as T4N1M0 two years ago, initially treated with paclitaxel and gemcitabine. Disease progression in the form of liver metastases, resulted in a switch to a chemotherapy regimen of oxaliplatin, irinotecan, fluorouracil, and leucovorin (FOLFIRINOX).

Several side-effects were attributed to this regimen including severe peripheral neuropathy. Physical examination revealed a painful, 2 cm round-to-oval, non-tender ulcer with undermined borders and central granulating tissue on the metatarsophalangeal area of the first toe [Figure 1]. Two smaller adjacent ulcers were also present. Despite oral antibiotic treatment, wound debridement, daily dressing and postural measures for four weeks, no improvement was observed. Furthermore, multiple subcutaneous nodules appeared on the trunk, arms and scalp during the following weeks, associated

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