Pearls

Using a car food tray in dermatosurgical procedure for placing instruments

Problem

While doing dermatosurgical procedures, placing instruments in the vicinity has always been a challenge. For most dermatological procedures, only a few instruments are required in contrast to major surgeries where a large number of instruments are required which necessitates the use of a surgical trolley or a mayo table. Most dermatosurgery theatres/suites have space constraints to accommodate these surgical trollies.

Solution

We suggest the use of a car food tray as a practical substitute to the trolley or mayo tables used by surgeons [Figure 1]. They are available in many sizes and have a clamp which can be fixed on any surface or even the operating table [Figure 2]. They consume zero floor space and their stem is moldable, by means of which they can be set to any height [Figure 3]. It provides a good surface to place the required instruments during a dermatosurgical procedure and takes up very little space. It is easily available online and is very economical. It can be easily sterilized by a disinfectant and/or by keeping a sterilized green sheet over the surface.

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent.

Financial support and sponsorship Nil.



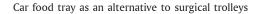
Figure 1: A car food tray

How to cite this article: Aggarwal K, Gujrathi AV, Yadav A, Gupta S. Using a car food tray in dermatosurgical procedure for placing instruments. Indian J Dermatol Venereol Leprol 2023;89:154-5.

Received: September, 2020 Accepted: December, 2020 EPub Ahead of Print: April, 2021 Published: January, 2023

DOI: 10.25259/IJDVL_1157_20 PMID: 33871186

This is an open-access article distributed under the terms of the Creative Commons Attribution-Non Commercial-Share Alike 4.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as the author is credited and the new creations are licensed under the identical terms.



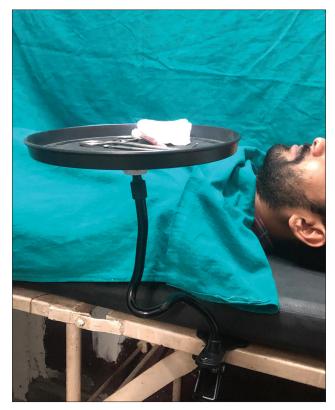


Figure 2: Food tray with a moldable stem

Conflicts of interest There are no conflicts of interest.



Figure 3: Using the food tray in a procedure

Department of Dermatology, Aggarwal Hospital, Jagadhri, 'Department of Dermatology, Maharishi Markandeshwar Institute of Medical Sciences and Research, MMDU, Ambala, Haryana, India

Kartikay Aggarwal, Ajinkya Vinayak Gujrathi¹, Anuradha Yadav¹, Sanjeev Gupta¹ Corresponding author: Dr. Kartikay Aggarwal, Department of Dermatology, Aggarwal Hospital, Main Road, Near Sapphire Hotel, Jagadhri - 135 003, Haryana, India. kartikay.aggarwal@gmail.com