PITYRIASIS ROSEA IN A 2-YEAR-OLD CHILD

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A 2-year-old child with lesions of pityriasis rosea is described.

Key word: Pityriasis rosea

Pityriasis rosea is an acute skin eruption with a distinctive and constant course consisting of a primary plaque (herald patch) which is followed by a generalized secondary rash after 1 or 2 weeks. Infectious agents (staphylococcus albus, spirochaetes, beta-hemolytic streptococcus, mycoplasma, picorna virsus), drugs and environmental factors have been implicated in its pathogenesis. Most of the patients belong to the age group 10-43 years. We describe a 2-year-old child who had lesions of pityriasis rosea.

Case Report

A 2-year-old male child was referred to our Department with oval salmon-coloured plaques with central wrinkled areas and dark red peripheral zone separated by collarette of fine scaling. The lesions were located on the front, back and flank of the child. The lesions had appeared suddenly within a span of one week.

On the basis of morphology of lesions a clinical diagnosis of pityriasis rosea was made. Laboratory studies showed peripheral blood leucocytosis with neutrophilia while biopsy from one of the lesions suggested the diagnosis of pityriasis rosea. Patient was given mild potency steroid ointment with which he responded with complete disappearance of lesions in 4 weeks.

Discussion

Pityriasis rosea is rare in the very young.² There is a steeply rising curve in childhood with plateau between 10-35 years. This case is presented because of its rarity in the very young

References

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