

Case Letters

Disseminated cutaneous *Mycobacterium haemophilum* infection in an immunocompromised Chinese patient presenting with multifocal nodules

Sir,
Mycobacterium haemophilum, a strongly acid-fast bacillus (AFB) belonging to the group of slow growing nontuberculous mycobacteria, was first isolated in 1978 and is known to cause skin infections most frequently in immunocompromised patients.¹ Cutaneous manifestations, including erythematous nodules, papules, plaques, ulcers and abscesses, are the most common presentations usually localized to the extremities.² To date, disseminated cutaneous *M. haemophilum* infection presenting with multiple nodules covering the entire body has rarely been reported.³ Line arrangement of bacteria observed with acid-fast staining described in this report was seen even rarer, with only a few cases reported.¹

A 51-year-old woman, a Chinese peasant, presented to our outpatient clinic with an 8-month history of painful cutaneous nodules. Initially, she noticed reddish violet nodules on her heels, which gradually spread to the face over a period of 8 months. The patient denied the presence of fever, chills, cough or fatigue. She gave a history of cryptococcal meningitis in the previous year which was treated with amphotericin B,

fluconazole, flucytosine, and methylprednisolone. The patient had taken dexamethasone 0.75–1.5 mg/day on her own for a duration of one year prior to the onset of cryptococcal meningitis. After the antifungal therapy, she continued using the same dose of dexamethasone for one more year. Physical examination revealed disseminated reddish violet nodules, plaques and macules varying in size from 0.5 cm to 2 cm seen all over her body [Figures 1a and 1b].

The erythrocyte sedimentation rate was elevated with a level of 44 mm in the 1st hour. The immunological profile displayed a dominant decrease in CD3, CD4, and CD8 cells. The liver function test revealed an elevated gamma-glutamyl transpeptidase level of 264 IU/L and an increased alanine aminotransferase level of 58 IU/L. The purified protein derivative test showed a negative result. The serological test for human immunodeficiency virus, (1,3)- β -D-glucan assay was also negative and no abnormal findings could be detected in X-ray of chest. Skin biopsies taken from the chest and waist showed perivascular lymphocytes and focal dense neutrophils in the upper dermis. In the lower dermis, sheets of epithelioid histiocytes and some



Figure 1a: Multiple nodules, plaques and macules on the trunk and upper limbs



Figure 1b: Numerous nodules, macules, scaly small plaques and crusts on the thighs and gluteal region

lymphocytes and plasmacytes were observed [Figure 2a]. On immunohistochemistry, histiocytes expressed CD68 [Figure 2b] and the lymphocytes expressed CD3e indicating mature T cells. Scattered CD138⁺ cells (plasma cells) were also observed. The Ki-67 proliferation index was approximately 5.0% [Figure 2c]. Acid-fast staining revealed numerous bacteria arranged in clusters and lines [Figure 2d]. Transmission electron microscopy revealed rod-shaped and sheathed bacteria [Figure 3]. To identify the species of mycobacteria, the tissue was subjected to polymerase chain reaction (PCR) to amplify a 422-bp fragment of the heat-shock protein gene (*hsp65*), using the primers 5'-ATGCCAAGGAGATCGAGCT-3' (forward) and 5'-AAGGTGCCGCGGATCTTGTT-3' (reverse) and the PCR product was directly sequenced.⁴ The sequence was in accordance with *Mycobacterium haemophilum* (GenBank Accession No. NZ_CP011883.2) with homology 99% using the Blast sequences tool. However, tissue culture for *M. haemophilum* on a chocolate agar medium supplemented with ferric ammonium citrate after 8 weeks of incubation at

32° C was negative. Hence, a final diagnosis of disseminated cutaneous *M. haemophilum* infection was established based on PCR as well as clinical and laboratory findings. To reduce the hepatotoxicity caused by drugs, an oral regimen consisting of rifampin (450 mg once a day) and ciprofloxacin (500 mg twice a day) was started. After one month of therapy, the nodular lesions faded. As there were no new skin lesions, patient stopped the treatment on her own.

M. haemophilum infects mostly immunocompromised individuals and presents an array of symptoms ranging from focal involvement to widespread disease, including septic arthritis, osteomyelitis, pneumonitis and lymphadenitis.⁵ Cutaneous lesions of *M. haemophilum* infection are usually located at cooler body sites such as extremities sometimes in a sporotrichoid pattern owing to the low-temperature requirements of *M. haemophilum* for maximal growth.^{6,7} But our patient had lesions not only in the extremities but also on the trunk and face. Long term inadvertent systemic use of glucocorticoids might have resulted in her immunocompromised condition thereby

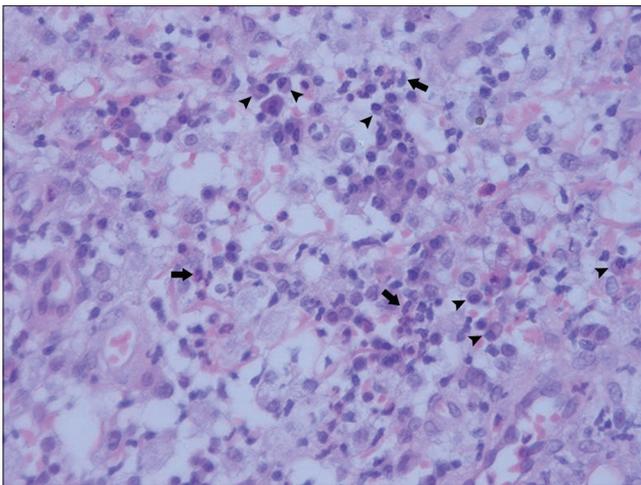


Figure 2a: Sheets of epithelioid histiocytes, focal dense neutrophils (arrows), and some lymphocytes and plasmacytes (arrowheads) (H and E, ×400)

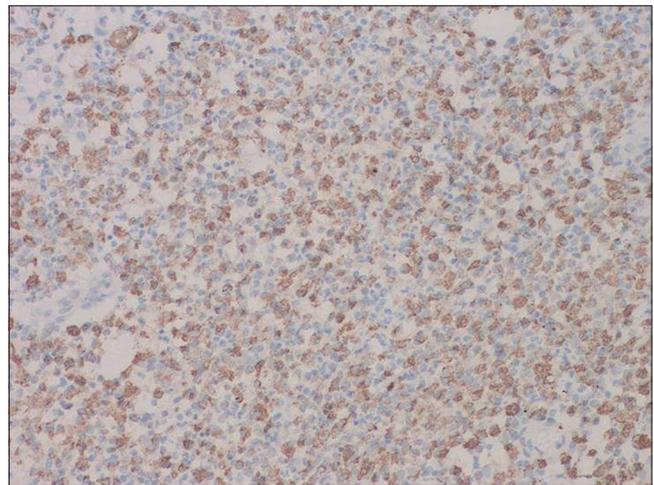


Figure 2b: Histiocytes expressing CD68 (×400)

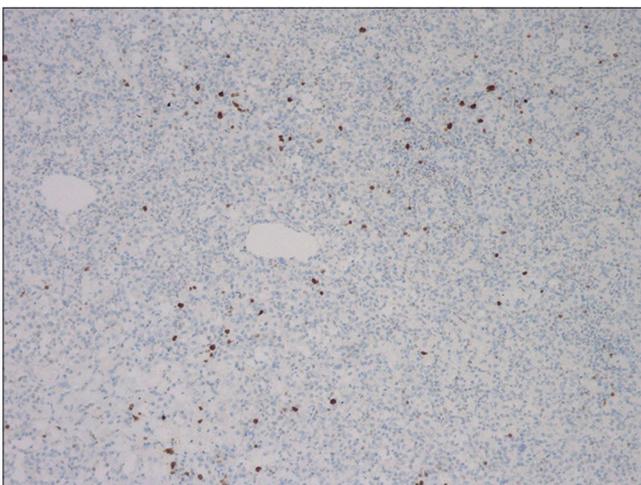


Figure 2c: Ki-67 proliferation index was approximately 5% (×200)

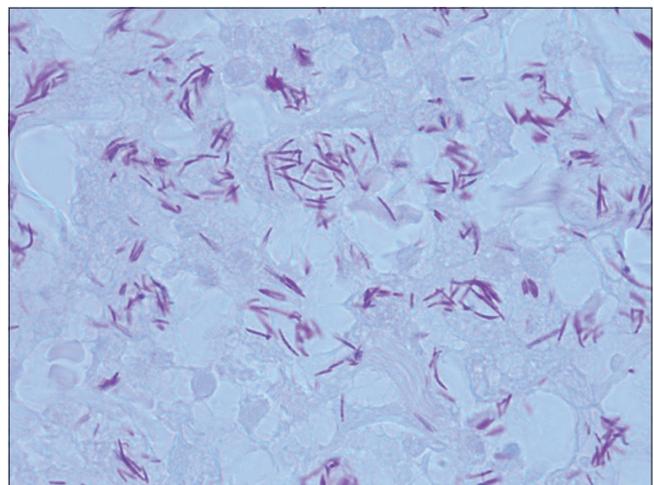


Figure 2d: Darker zones in bacteria were observed (acid-fast staining, ×1000)

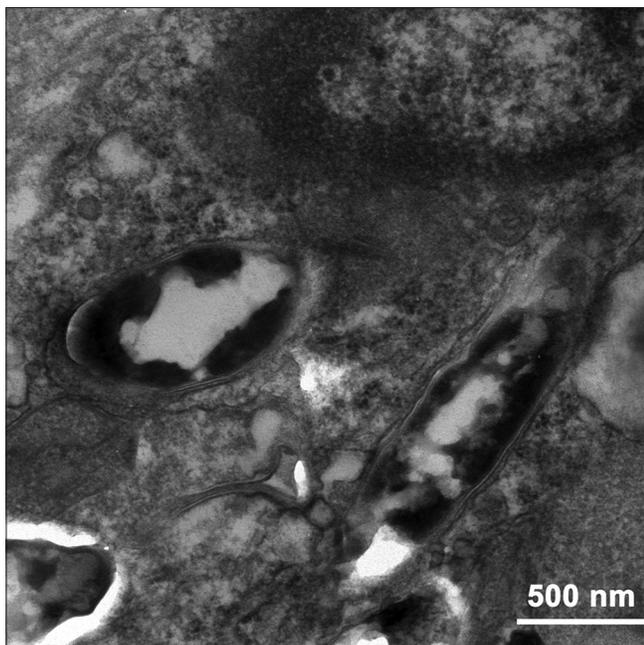


Figure 3: Rod-shaped and sheathed bacteria (transmission electron microscopy)

increasing her susceptibility to pathogens and her habit of going barefoot on the farm would have increased her exposure to diverse pathogens in the environment.

The most common histological pattern seen in *M. haemophilum* infection is a mixed suppurative and granulomatous reaction.⁸ Lack of a pronounced granulomatous reaction, which can occur in immunocompromised patients, can sometimes misguide dermatopathologists. The rigorous conditions needed for the culture of *M. haemophilum* often lead to a negative result which also challenges the diagnosis.⁹ *M. haemophilum* appears as short and often curved rods of 1.2–2.5 μm length.² But in this patient acid-fast staining showed longer bacilli of $>5.0 \mu\text{m}$, which we presume may be due to the specific overlapping pattern of *M. haemophilum* in the tissue. The darker zone in a bacillus may be the overlapping part of two bacilli in line arrangement, indicating that the bacilli tend to be arranged end to end leading to the phenomenon of a longer bacillus in light microscopy. This specific bacterial arrangement pattern in acid-fast staining, which was not found in other mycobacteria, could be an important predictor in the diagnosis of *M. haemophilum* infection.

Standard guidelines are not yet available for the treatment of *M. haemophilum*. Experts have recommended treatment with multiple antibiotics (e.g. clarithromycin, ciprofloxacin and rifampin) for a duration of 1 to 2 years.³ In this case, the patient was administered ciprofloxacin and rifampin and exhibited partial improvement after 1 month.

In conclusion, we report a rare case of cutaneous *M. haemophilum* infection in the Chinese population.

Immunocompromised patients presenting with atypical disseminated lesions should raise a high suspicion of atypical mycobacterial infection. It is necessary to perform acid-fast staining and PCR sequence analysis to diagnose such infections.

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent forms. In the form, the patient has given her consent for her images and other clinical information to be reported in the journal. The patient understands that name and initials will not be published and due efforts will be made to conceal identity, but anonymity cannot be guaranteed.

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Nil.

Conflicts of interest

There are no conflicts of interest.

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