

Intralesional immunotherapy for non-genital warts: A systematic review and meta-analysis

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Abstract

Background: Intralesional immunotherapy has been reported to be effective for warts and to show good safety profiles, but this has not yet been systematically studied.

Aims: To determine the efficacy and safety of intralesional immunotherapy for treating non-genital warts.

Methods: We comprehensively searched the MEDLINE, Embase, Web of Science and Cochrane Library databases from the times of their inception to January 3, 2020. The primary outcome was the rate of complete response of all lesions. The distant complete response rate of warts located in an anatomically different body part and the recurrence rate were also analyzed.

Results: A total of 54 prospective studies was ultimately included. The immunotherapeutic agents used were *Mycobacterium w* vaccine, measles, mumps and rubella vaccine, purified protein derivative, *Candida* antigen, interferon, bacillus Calmette-Guérin vaccine and others. The pooled rate of complete response among all patients with non-genital warts treated using intralesional immunotherapy was 60.6% (95% confidence interval 54.8–66.5%). The pooled recurrence rate was 2.0% (95% confidence interval, 1.1–2.9%). All reported adverse events were mild and transient.

Limitations: The heterogeneity among studies

Conclusion: Intralesional immunotherapy is suggested for use in patients with multiple warts, given its promising results, good safety profile and low recurrence rate.

Key words: Intralesional immunotherapy, immunotherapy, non-genital wart, systematic review, warts

Plain Language Summary

Intralesional immunotherapy has been reported to be effective for warts, but this has not been systematically studied. In this meta-analysis, intralesional immunotherapy demonstrated significant therapeutic effects on non-genital warts with high safety profiles and low recurrence rates and can be recommended for use in patients with multiple non-genital warts.

Introduction

Warts are the most common clinical manifestation of human papillomavirus on the skin and mucous membranes. They can greatly affect a patient's quality of life by causing embarrassment, fear of negative appraisal by others, and frustration due to persistent recurrence.^{1,2} Various treatment methods are available, such as physical destruction (e.g., cryotherapy, electrosurgery, ablative laser, or surgical removal), chemical destruction (e.g., salicylic acid or

trichloroacetic acid), and anti-proliferative agents (e.g., podophyllin, 5-fluorouracil or bleomycin). Unfortunately, no treatment has yet shown 100% effectiveness as a cure. Furthermore available modalities may cause pain, scarring, and is associated with high recurrence rates.³

Immunotherapeutic agents act by enhancing the host cell-mediated immunity that helps to eliminate the virus rather than simply destroying visible skin lesions⁴ and have recently

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received increasing attention for the treatment of warts because of their non-destructive action, high safety profiles, promising results, and low recurrence rates. Contact immunotherapy using contact sensitizers (diphenylcyclopropenone or dinitrochlorobenzene), topical imiquimod, oral cimetidine or intralesional immunotherapy has been attempted as viable immunotherapeutic options for treatment of warts, and their therapeutic effects vary from study to study.

Intralesional immunotherapy has been assessed as an alternative therapeutic approach, particularly for cases of recalcitrant or multiple warts, since it may facilitate the clearance of not only the injected wart but also surrounding non-injected warts. Various immunotherapeutic agents including skin test antigens (mumps, *Candida*, and *Trichophyton*); the combined measles, mumps, and rubella vaccine; the tuberculin purified protein derivative; *Mycobacterium w* vaccine; and bacillus Calmette–Guérin vaccine have been assessed. A recent study used network meta-analysis to examine the comparative efficacy and safety of different modalities in the treatment of warts,⁵ but the treatment response rate has not been studied systematically. Therefore, we performed a systematic review and meta-analysis of all relevant prospective studies available to evaluate the treatment responses, safety and recurrence rate of each type of intralesional immunotherapy for the management of non-genital warts.

Methods

Protocol and registration

We conducted a single-arm meta-analysis of prospective studies on the treatment response of intralesional immunotherapy for treating non-genital warts. We reported this study following the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement guidelines⁶ and this study was registered with PROSPERO, an international database of prospectively registered systematic reviews (<https://www.crd.york.ac.uk/PROSPERO/>, CRD42020163379).

Databases

We performed a comprehensive search using predefined search terms in MEDLINE, EMBASE, Web of Science, and Cochrane Library databases from the respective dates of database inception to January 4, 2020. The main keywords used were “intralesional,” “immunotherapy,” “purified protein derivative,” “*Trichophyton*,” “BCG,” “bacillus Calmette-Guerin,” “MMR,” “measles-mumps-rubella,” “candida,” “*Mycobacterium*,” “vitamin D,” “*Corynebacterium*,” “INF,” “interferon,” “Propionium,” “*Propionibacterium*,” “tuberculin,” “vaccine,” “vaccination,” “wart” and “verrucae.” All prospective and experimental studies were included and the reference lists of identified relevant review articles were scanned manually as well. All articles identified using this search process were screened independently by two reviewers (H. J. J. and H. R. P.). In cases of discrepancy

between the two main reviewers, a final decision was reached by consensus with two other reviewers (J.M.B. and J.H.L.).

Study selection

All relevant clinical studies that reported the treatment response of intralesional immunotherapy by a single injection of the immunotherapeutic agent into the largest lesion in each treatment session were examined. The inclusion criteria were¹ prospective study design (randomized or non-randomized controlled trials and open trials);² participants of all age groups with a diagnosis of a non-genital wart;³ at least one intralesional immunotherapy or control (saline or sterile water injection) group;⁴ at least 10 participants in each treatment arm, regardless of dropout rate; and,⁵ outcomes measured based on complete response or no response (0 or <25%). Conversely, the exclusion criteria were¹ retrospective or observational study design;² different outcome measures;³ other interventions or combined; and⁴ unavailability of the corresponding authors. We excluded studies involving genital warts, as the causative virus and conventional therapeutic modalities are different from those of non-genital warts.

Data extraction, quality assessment and outcome measures

For the meta-analysis, two reviewers extracted the following predefined variables: authors, country, year of publication, study type, the immunotherapeutic agent used, numbers of treated patients, treatment protocols and outcome. Quality assessment of the analytic studies was performed.

The primary outcome was the treatment response rate of intralesional immunotherapy in patients with non-genital warts. Complete response was defined as the complete disappearance of all lesions including both the injected and nearby satellite lesions. The treatment response rate was calculated as the number of participants who achieved complete response divided by the total number of participants who completed the individual study. The no response rate was assessed by dividing the total number of patients who had no or minimal treatment response (<25%) by the total number of participants who had completed the individual study. Because the immune reaction to the intralesional injection can be effective not only for adjacent warts but also for anatomically distant warts, a secondary outcome, defined as distant complete response, was the clearance of distant warts located in an anatomically different body part, away from the injection site. In addition, the recurrence rate was analysed by compiling the studies that reported recurrence. Studies with fewer than 10 patients showing complete response after treatment were excluded.

Meta-regression for age and sex

Meta-regression analyses were conducted to determine whether the estimated treatment response rates varied according to age or sex of patients and were performed by setting the mean age and female to male ratio of participants in each study as moderator variables, respectively.

Safety profiles

We noted all reported adverse events. We recorded common events and their frequencies for each study and searched for serious adverse events.

Statistical analyses

The rates of corresponding treatment responses of the included studies were pooled by generic inverse variance weighting and were combined using a random-effects model.⁷ Heterogeneity was assessed using the *I*² value and subset analyses.⁸ We used a funnel plot of sample size against log odds to determine publication bias because conventional funnel plots can be asymmetric in the absence of publication bias, especially in studies for extreme proportional metrics.⁹ Meta-analyses were conducted using R (version 3.6.1; R Foundation for Statistical Computing, Vienna, Austria) software with “metagen” and “metafor” packages.

Results

Search results

We initially identified a total of 1,348 records through database searching and six additional records from the reference lists of related articles; 727 duplicates were removed and 494 were deleted after reviewing the titles and abstracts [Figure 1]. A total of 133 full-text articles was assessed in terms of eligibility; of these, 79 were excluded after full-text evaluation. The remaining 54 studies fulfilled the inclusion criteria and were included in the final analysis [Table 1].

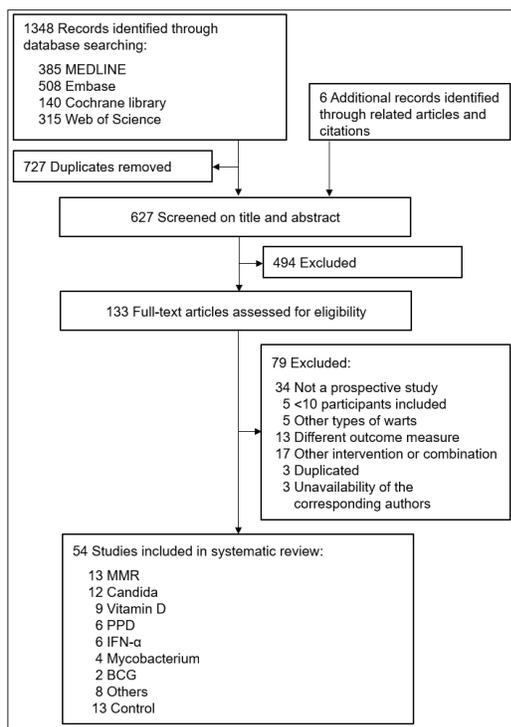


Figure 1: Flow diagram showing how eligible studies were identified in the present review

Characteristics of included studies

A total of 54 studies of 3,446 enrolled patients was deemed finally eligible [Table 2]. Overall, 13 studies with 747 patients in the MMR group¹⁰⁻²²; 12 studies with 436 patients in the *Candida* group²³⁻³⁴; nine studies with 311 patients in the Vitamin D group^{25,35-42}; six studies with 235 patients in the PPD group^{38,43-47}; six studies with 197 patients in the interferon- α group⁴⁸⁻⁵³; four studies with 127 patients in the Mw group⁵⁴⁻⁵⁷; two studies with 49 patients in the BCG group^{13,58}; and one study each of other therapeutic agents of smallpox vaccine,⁵⁹ mumps antigen,³⁴ mumps or *Candida* antigen,⁶⁰ mumps or *Candida* or *Trichophyton* antigen,⁵² HPV,⁶¹ Propionium,⁶² and zinc³⁷ were included. As a control group, 13 studies with 470 patients who received saline or sterile water injection were included.^{10,15,16,20,22,25,40,43,49,52,53,59,62} The mean treatment duration was 8.2 \pm 6.0 weeks, and the mean follow-up duration was 4.6 \pm 3.5 months (range, 1–25 months).

Treatment response of injected and nearby lesions

The overall complete response rate was 60.6% (95% confidence interval: 54.8–66.5%) among 53 studies with 2,548 patients [Figure 2a]. The complete response ratio of the Mw group was 73.1% (95% confidence interval: 55.6–90.6%) in four studies,^{54-57,63} the *Candida* group was 62.6% (95% confidence interval: 53.3–71.9%) in 11 studies,^{23,24,26-34} MMR group was 63.2% (95% confidence interval: 53.1–73.4%) in 13 studies,¹⁰⁻²² PPD group was 62.7% (95% confidence interval: 42.4–83.0%) in six studies,^{38,43-47} Vitamin D group was 54.2% (95% confidence interval: 32.7–76.0%) in eight studies,³⁵⁻⁴² interferon- α group was 51.9% (95% confidence interval: 27.0–76.9%) in six studies,⁴⁸⁻⁵³ and BCG group was 50.9% (95% confidence interval: 5.0–96.8%) in two studies.^{13,58} There was no significant difference depending on the immunotherapeutic agent used (*p*-value, 0.88). In the control group receiving saline/sterile water injection, the complete response rate was 17.3% (95% confidence interval: 10.0–24.5%) in 12 studies.^{10,15,16,20,22,40,43,49,52,53,59,62}

Overall no response rate of intralesional immunotherapy was 16.6% (95% confidence interval: 12.4–20.8%) in 38 studies including a total of 1,719 patients. The no response rate was highest in the IFN- α group (48.1% [95% confidence interval: -2.2–98.4%] in two studies^{49,52}), followed by in the MMR group (20.9% [95% confidence interval: 7.5–34.2%] in six studies^{12,14,17,18,21,22}) and *Candida* group (14.6% [95% confidence interval: 8.8–20.3%] in eight studies^{24,25,28,29,31-34}), whereas the no response rate of the control group was 79.7% (95% confidence interval: 66.2–93.2%) in seven studies.^{22,25,40,43,49,52,62}

Treatment response of distant lesions

Among the studies included in this analysis, 15 described the treatment response of distant lesions located away from the mother wart. The overall distant complete response rate of the intralesional immunotherapy was 51.6% (95% confidence interval: 37.9–65.3%) [Figure 2b]. The distant

Table 1: Clinical characteristics of studies included in this review

Study, yr	Country	Study design ^a	Population	Enrolled patients, n	Age, yr (range) ^b	Male/female	Type of warts ^c	Immunotherapeutic agent ^d
Israel <i>et al.</i> , 1969	US	PD RCT	NA	T: 50 C: 50	NA	NA	NA	T: Smallpox vaccine C: Saline
Gibson <i>et al.</i> , 1986	UK	PD OT	Adults	T: 16	35 (19–54)	7/5	NA	T: IFN- α
Vance <i>et al.</i> , 1986	US	PD RCT	NA	T: 80 C: 42	NA	NA	PW	T: IFN- α C: Sterile water
Brodell <i>et al.</i> , 1995	US	SA OT	All	T: 22	21.9 (7–48)	9/13	PW	T: IFN- α
Johnson <i>et al.</i> , 2001	US	PD RCT	All	T1: 54 T2: 10	31.3	NA	CW	T1: Mumps antigen T2: Candida antigen
Park <i>et al.</i> , 2002	Korea	PD RCT	All	T: 10	18.6 (5–37)	6/4	PW	T: IFN- α
Signore <i>et al.</i> , 2002	US	PD OT	All	T: 100	23.7	35/52	CW, PW	T: Candida
Clifton <i>et al.</i> , 2003	US	SA OT	Children	T: 47	12.9 (4–18)	25/22	NA	T: Mumps or Candida antigen
Arcaute <i>et al.</i> , 2004	Mexico	SA OT	All	T: 30	NA (5–67)	16/14	NA	T: Candida
Johnson <i>et al.</i> , 2004	US	SA OT	All	T: 260	21.4 (2–70)	98/108	NA	T: Mumps, Candida and Trichopyton antigen
Horn <i>et al.</i> , 2005	US	PD RCT	NA	T1: 58 T2: 43 T3: 48 C: 61	37 (23–31) 38 (12–29) 40 (21–25) 34 (28–32)	23/31 12/29 21/25 28/32	NA	T1: Mumps or Candida or Trichophyton antigen T2: Antigen plus IFN- α T3: IFN- α C: Saline
Aksakal <i>et al.</i> , 2008	Turkey	PD OT	All	T: 45 C: 8	25.1 24.6	22/23 4/4	CW, PW	T: IFN- α C: Saline
Kim <i>et al.</i> , 2010	US	SA OT	Adults	T: 18	30.18 (18–46)	6/5	CW	T: Candida
Nofal <i>et al.</i> , 2010	Egypt	PD RCT	Adults	T: 85 C: 50	32.4 (14–57) 30.2 (16–52)	31/39 17/23	CW	T: MMR C: Saline
Choi <i>et al.</i> , 2012	Korea	SA OT	Children	T: 40	NA	NA	NA	T: MMR
Nasser <i>et al.</i> , 2012	Brazil	PD DB RCT	All	T: 14 C: 14	NA	NA	CW, PW	T: Propionium C: Saline
Majid <i>et al.</i> , 2013	India	SA OT	Adults	T: 40	24.3 (14–36)	20/14	CW, PW	T: Candida
Meena <i>et al.</i> , 2013	India	SA OT	Adults	T: 40	25.2 \pm 7.18 (13–48)	36/4	CW, FW, PW	T: Mycobacterium
Abd-Elazeim <i>et al.</i> , 2014	Egypt	PD RCT	All	T: 20 C: 20	22.7 \pm 8.4	18/22	CW, PW	T: PPD C: Saline
Dogra <i>et al.</i> , 2014	India	PD RCT	NA	T: 33	NA	NA	CW	T: Mycobacterium
Garg <i>et al.</i> , 2014	India	SA OT	All	T: 30	22.5 \pm 11.1 (6–45)	19/11	PW	T: Mycobacterium
Zamanian <i>et al.</i> , 2014	Iran	PD DB RCT	All	T: 30 C: 30	18.9 \pm 12 20.1 \pm 10	13/11 12/10	NA	T: MMR C: Saline
Nofal <i>et al.</i> , 2015	Egypt	SA OT	Adults	T: 70	38.9 (18–55)	35/30	CW	T: MMR
Dhakar <i>et al.</i> , 2016	India	PD RCT	Adults	T: 33	22.8	18/15	PW	T: Mycobacterium
El-Samahy <i>et al.</i> , 2016	Egypt	SA OT	All	T: 52	24.6 \pm 10.1 (5-43)	12/13	NA	T: PPD
Kerure <i>et al.</i> , 2016	India	SA OT	Adults	T: 110	24 (12–52)	NA	CW	T: PPD
Parmar <i>et al.</i> , 2016	India	SA OT	Children	T: 44	NA (4–17)	17/23	CW	T: MMR
Saini <i>et al.</i> , 2016	India	SA OT	All	T: 100	24.8 \pm 7.7 (10–45)	54/32	CW, FW, PW	T: MMR
Saoji <i>et al.</i> , 2016	India	SA OT	All	T: 61	28.3 (4–57)	40/15	CW, FW, PW	T: PPD
Kavya <i>et al.</i> , 2017	India	SA OT	Adults	T: 42	20 \pm 9.7 (12–66)	27/15	CW, PW, PW	T: Vitamin D3 filiform wart
Khozeimeh <i>et al.</i> , 2017	India	PD RCT	Adults	T: 30	23.4 \pm 6.7	19/11	CW, PW	T: Candida
Nofal <i>et al.</i> , 2017	India	SA OT	All	T: 54	25.9 \pm 13.8 (3–64)	21/33	CW	T: Candida

Table 1: Continued...

Study, yr	Country	Study design ^a	Population	Enrolled patients, n	Age, yr (range) ^b	Male/female	Type of warts ^c	Immunotherapeutic agent ^d
Raghukumar et al., 2017	India	SA OT	All	T: 64	23.9 (8–66)	32/28	CW, PW, FW, filiform wart	T: Vitamin D3
Agrawal et al., 2018	India	PD DB RCT	All	T: 50 C: 50	25 ± 9.5 (10–45) 27 ± 8.9 (10–44)	19/11 17/13	CW	T: MMR C: Saline
Awal et al., 2018	India	PD RCT	Adults	T: 75 C: 75	28.9 ± 9.4 (15–48) 33.6 ± 9.2 (17–50)	40/32 27/23	CW	T: MMR C: Saline
Mohtashim et al., 2018	India	SA OT	Adults	T: 200	26.26 ± 8.8	NA	CW, PW	T: MMR
Munnangi et al., 2018	India	PD OT	Adults	T1: 15 T2: 15	21.96 ± 6.79	17/13	CW	T1: MMR T2: BCG
Nofal et al., 2018	Egypt	PD OT	Adults	T: 36	NA	NA	CW, PW	T1: Candida and acitretin T2: Candida
Sabry et al., 2018	Egypt	SA OT	NA	T: 60	21.93 ± 14.24	24/34	CW, PW, FW, filiform wart	T: Candida
Abd El-Magid et al., 2019	Egypt	PD RCT	NA	T1: 39 T2: 39	NA (10–60) NA (16–57)	18/2 16/4	PW	T1: Vitamin D3 T2: Zinc
Abou-Taleb et al., 2019	Egypt	PD RCT	Adults	T1: 24 T2: 24	31.13 ± 6.86 32.13 ± 13.34	18/4 13/10	CW, PW	T1: Vitamin D3 T2: PPD
Chauhan et al., 2019	India	SA OT	Adults	T: 110	31.31 ± 1.15 (19–62)	61/49	CW, PW	T: MMR
ElGhareeb et al., 2019	Egypt	PD OT	Adults	T: 40	NA	NA	NA	T: MMR
El-Taweel et al., 2019	Egypt	SA OT	Adults	T: 20	28.8 (15–50)	14/6	CW, PW	T: Vitamin D
Hodeib et al., 2019	Egypt	PD OT	All	T: 20	18.9 ± 7.7 (5–40)	7/13	FW	T: Candida
Jaisinghani et al., 2019	India	SA OT	Adults	T: 40	25.5 (18–46)	34/0	CW	T: BCG
Kareem et al., 2019	Egypt	PD OT	Adults	T: 30 C: 20	NA (12–50)	NA	CW	T: Vitamin D C: Saline
Milante et al., 2019	Philippines	PD RCT	Adults	T: 29	30.66 ± 1.49	16/13	CW, PW	T: PPD
Fathy et al., 2019	Egypt	PD OT	NA	T1: 20 T2: 20 C: 20	29.2 26.15 NA	9/11 15/5 NA	NA	T1: Candida T2: Vitamin D C: Saline
Nasr et al., 2019	Egypt	SA OT	All	T: 48	NA (9–45)	16/32	NA	T: Candida
Rezai et al., 2019	Iran	PD RCT	NA	T: 30 C: 30	27.2 ± 8.73 25.37 ± 9.23	12/18 11/19	PW	T: MMR C: Saline
Naresh et al., 2019	India	PD RCT	All	T: 60	31 (10–60)	40/20	CW, PW, filiform wart	T: Vitamin D
Verma et al., 2019	India	SA OT	Adults	T: 36	20 (12–60)	24/12	CW, PW, filiform wart	T: Vitamin D
Nofal et al., 2020	Egypt	PD OT	Adults	T: 22	29.27 ± 8.7 (16–45)	12/10	CW, PW	T: HPV vaccine

^aStudy design: SA, single arm; PD, parallel design; OT, open trial; DB, double-blind; RCT, randomized controlled trial, ^b Reported as mean (range) unless otherwise indicated, ^cType of warts: CW: common warts, FW: flat warts, PW: plantar warts, ^dImmunotherapeutic agent: HPV: human papilloma virus, INF: Interferon, MMR: measles, mumps, rubella vaccine, Mw: *Mycobacterium w* vaccine, PPD: purified protein derivative vaccine, C: Control group, T: treatment group, NA: not available

Table 2: Clinical outcomes and adverse events in the studies included in this review

Study, yr	Country	Intervention					Enrolled patients, n	Clinical outcomes ^b , n				
		Injected site ^a	Session, n*	Interval, wk	Duration, wk†	Follow up, month†		CR	DCR	NR	Recurrence	Adverse events (%)
1. MMR												
A Nofal and E Nofal, 2010	Egypt	MW	5	2	8	6	85	57	17	6	0	Flu-like symptom (8.6%), pain(85.7%)
Choi et al., 2012	Korea	MW	6	2	10	1	40	8	NA	16	NA	Flu-like symptom (2.5%), pain(100%)
Zamanian et al., 2014	Iran	EW	3	2	4	6	30	18	NA	NA	NA	Flu-like symptom(30%), pain(100%)
Nofal et al., 2015	Egypt	MW	5	2	8	6	70	41	38	NA	2	Edema(1.5%), erythema(4.6%), flu-like symptoms(12.3%), pain(100%), pruritus(6.1%)
Parmar et al., 2016	India	MW	5	3	12	6	44	35	NA	0	0	Erythema, pain, urticaria
Saini et al., 2016	India	MW	3	3	6	6	100	40	NA	28	3	Erythema(8.1%), pain(53.5%), post-inflammatory hyperpigmentation(5.8%)
Agrawal et al., 2018	India	MW	3	3	6	6	50	18	16	NA	3	Erythema(13.3%), pain(60%)
Awal and Kaur, 2018	India	MW	5	2	8	4	75	49	NA	NA	2	Edema/erythema/pruritus(4%), flu-like symptom(6%), pain(90%)
Mohtashim et al., 2018	India	MW	5	2	8	6	200	120	NA	63	NA	Pain
Munnangi et al., 2018	India	MW	5	2	8	3	15	5	3	NA	NA	Erythema(6%), hyperpigmentation(4%)
Chauhan et al., 2019	India	MW	5	2	8	2	110	42	NA	7	0	Pain(100%)
ElGhareeb et al., 2019	Egypt	MW	4	2	6		40	29	8	NA	NA	Flu-like symptoms(12.5%)
Rezai et al., 2019	Iran	MW	5	2	8	6	30	14	NA	NA	0	Edema, erythema, flu-like symptom, pain, pruritus
2. Candida												
Johnson et al., 2001	US	MW	3	3	6	4	10	7	NA	1	NA	Flu-like symptom, pain, pruritus
Signore, 2002	US	MW	3	5	8	25	100	44	NA	8	NA	Digital edema(2%), flu-like symptom(5%), headache(1%), herpes zoster(1%), localized wheal(3%), milia(1%), pain(2%), tenderness for 1 week(1%)
Arcaute et al., 2004	Mexico	NA	2	4	4	NA	30	13	NA	6	NA	NA
Kim et al., 2010	US	MW	10	3	NA	6	18	9	NA	1	1	Erythema, pain
Majid et al., 2013	India	MW	3	3	6	6	40	19	3	NA	0	Flu-like symptom(7.5%), pain
Khozeimeh et al., 2017	Iran	MW	3	3	6	NA	30	23	NA	6	NA	Erythema(16.7%), flu-like symptom (3.3%), pain(100%)

(Contd...)

Table 2: (Continued...)

Study, yr	Country	Intervention					Enrolled patients, n	Clinical outcomes ^b , n			Recurrence	Adverse events (%)
		Injected site ^a	Session, n*	Interval, wk	Duration, wk†	Follow up, month†		CR	DCR	NR		
Nofal <i>et al.</i> , 2017	Egypt	MW	5	2	8	6	54	37	9	5	0	Burning sensation(7.4%), edema(37%), erythema(9.3%), flu-like symptom(7.4%), pain(100%), pruritus(12.9%)
Nofal <i>et al.</i> , 2018	Egypt	MW	5	2	8	6	36	12	NA	NA	NA	Cheilitis, edema, flu-like symptom, pain, pruritus
Sabry <i>et al.</i> , 2018	Egypt	MW	6	2	10	6	60	44	6	NA	4	Edema/erythema/pruritus(44.8%), fever(6.9%)
Fathy <i>et al.</i> , 2019	Egypt	MW	3	3	6	6	20	NA	NA	4	2	Edema/erythema(25%), pain(100%)
Hodeib <i>et al.</i> , 2019	Egypt	MW	4	2	6	2	20	12	NA	8	0	Edema(35%), fever(20%), flu-like symptom(25%), hypopigmentation(5%), pain(100%), pain within the day of injection(20%)
Nasr <i>et al.</i> , 2019	Egypt	NA	6	2	10	6	48	30	NA	NA	0	Burning sensation(10.4%), edema(20.8%), erythema(41.7%), flu-like symptom(7.4%), pain(100%), pruritus(20.8%)
3. PPD												
Abd-Elazeim <i>et al.</i> , 2014	Egypt	MW	6	1	5	6	20	9	NA	1	1	Edema (5%), erythema and pain(15%), post-hypopigmentation(10%)
El-Samahy <i>et al.</i> , 2016	Egypt	MW	3	3	6	NA	52	9	NA	2	NA	Edema/erythema/pain(32.7%), pain required the intake of NSAID(3.8%)
Kerure <i>et al.</i> , 2016	India	MW	6	2	10	3	110	84	NA	5	0	Pain
Saoji <i>et al.</i> , 2016	India	EW	4	2	6	6	61	42	NA	NA	1	Edema/erythema(21.3%), flu-like symptom(1.6%), eczema(1.6%)
Abou-Taleb <i>et al.</i> , 2019	Egypt	MW	3	3	6	3	24	13	13	0	0	Edema(63.6%), erythema(68.2%), pain(81.8%)
Milante <i>et al.</i> , 2019	Philippines	MW	6	2	12	6	66	17	NA	NA	0	Constitutional symptoms(9.1%), edema(10.6%), vesiculation(1.5%)
4. IFN-a												
Gibson <i>et al.</i> , 1986	UK	MW	35	1	12	1.5	16	11	NA	NA	NA	Pain, swelling and redness, headache, tiredness, fever, shivering and sweating, aching, stiffness in muscles and joints, sore throat, dizziness, depression, diarrhea, vomiting
Vance <i>et al.</i> , 1986	US	MW	3	5	3	3	80	11	NA	14	NA	Pain(33.8%)

(Contd...)

Table 2: (Continued...)

Study, yr	Country	Intervention					Enrolled patients, n	Clinical outcomes ^b , n				Adverse events (%)
		Injected site ^a	Session, n*	Interval, wk	Duration, wk†	Follow up, month†		CR	DCR	NR	Recurrence	
Brodell and Bredle, 1995	US	MW	32	5	8	9.5	22	16	NA	NA	3	Mild discomfort(13.6%), lymphangitis(4.5%)
Park et al., 2001	Korea	MW	9	5	3	6	10	5	NA	NA	1	Flu-like symptom(50%), pain(100%)
Horn et al., 2005	US	MW	5	3	12	0	48	12	3	34	NA	Edema/erythema(23.9%), flu-like symptom(19.1%)
Aksakal et al., 2008	Turkey	MW	1	0	0	12	45	25	NA	NA	0	Flu-like symptom(71.1%)
5. Vitamin D												
Kavya et al., 2017	India	MW	4	2	6	6	42	33	NA	0	1	Edema(78.57%), dyspigmentation (2.4%),
Raghukumar et al., 2017	India	EW	4	3	9	6	64	54	NA	NA	2	Edema(3.33%), erythema(5%), pain(100%)
Abd El-Magid et al., 2019	Egypt	EW	4	2	8	3	39	2	NA	0	0	Hematoma(5%), pain(5%), vasovagal attack(40%)
Abou-Taleb et al., 2019	Egypt	MW	3	3	6	3	24	5	NA	3	0	Edema(13%), erythema(17.4%), pain(87%), pruritus(34.8%)
El-Taweel et al., 2019	Egypt	EW	2	4	4	3	20	8	3	3	0	Edema/erythema(90%), erosion(5%), lymphadenopathy(5%), pain(100%)
Fathy et al., 2019	Egypt	MW	3	3	6	6	20	NA	NA	6	1	Pain(100%)
Kareem et al., 2019	Egypt	MW	2	4	4	3	30	12	2	11	0	Pain(23.3%), pruritus(26.7%), both pain and pruritus(10%)
Naresh, 2019	India	EW	3	4	9	6	60	48	NA	NA	4	Edema(60%), Pain(100%)
Verma et al., 2019	India	MW	2	4	6	6	36	25	NA	NA	NA	Edema(55.5%), dyspigmentation(5.6%)
6. Mycobacterium												
Meena et al., 2013	India	EW	10	1	12	NA	40	23	NA	3	3	Edema(16%), erythema(70%), fever(5%), superficial ulceration(2.5%), tenderness and swelling of submandibular lymph nodes(5%)
Dogra et al., 2014	India	MW	12	1	11	NA	33	20	NA	NA	NA	NA
Garg and Baveja, 2014	India	MW	10	4	36	6	30	28	NA	2	4	Edema/erythema(33.33%), fever(66.67%), headache(10%), myalgia(23.33%), spontaneous ulceration (6.67%), vomiting(6.67%)

(Contd...)

Table 2: (Continued...)

Study, yr	Country	Intervention					Enrolled patients, n	Clinical outcomes ^b , n				Adverse events (%)
		Injected site ^a	Session, n*	Interval, wk	Duration, wk†	Follow up, month†		CR	DCR	NR	Recurrence	
Dhakar et al., 2016	India	MW	12	1	11	4	33	20	12	7	0	Cellulitis of lower limb(6.6%), erythematous swelling(73.3%), fever(43.3%), pain(23.3%), regional lymphadenopathy(10%), swelling at the sensitization site(100%)
7. BCG												
Munnangi et al., 2018	India	MW	5	2	8	3	15	4	1	NA	NA	Flu-like symptoms(30%), hyperpigmentation(53.3%), Ulceration(60%)
Jaisinghani et al., 2019	India	MW	3	3	6	3	40	25	9	1	0	BCGitis(2.9%), edema(5.9%), erythema(8.8%), flu-like symptom(100%), hypopigmentation(5.9%), nodule/granuloma(11.8%), pain(100%), pruritus(38.2%), scarring(14.7%), ulceration(5.9%)
8. Others												
HPV vaccine												
Nofal et al., 2020	Egypt	MW	6	2	10	6	22	18	8	2	0	Drowsiness or fatigue(9.1%), pain(100%), pruritus(90.9%)
Mumps												
Johnson et al., 2001	US	MW	3	3	6	4	45	22	14	4	0	Flu-like symptom, pain, pruritus
Mumps or Candida												
Clifton et al., 2003	US	MW	3	3	6	0	47	22	19	9	NA	Edema/erythema(10%), pruritus(50%)
Mumps or Candida or Trichophyton												
Horn et al., 2005	US	MW	5	3	12	0	58	29	15	25	NA	Edema/erythema(26.1%), flu-like symptom(14.9%)
Mumps and Candida and Trichophyton												
Johnson and Horn, 2004	US	MW	10	4	36	0	260	146	112	33	NA	Edema/erythema/pruritus (20.4%), flu-like symptom(13.6%)
Mumps or Candida or Trichophyton and IFN-a												
Horn et al., 2005	US	MW	5	3	12	0	43	28	20	13	NA	Edema/erythema(26.1%), flu-like symptom(63.8%),
Smallpox vaccine												
Israel, 1969	US	MW	1	0	0	2	50	26	NA	NA	2	Erythema/tenderness(40%), lymphangitis(8%), lymphadenitis(8%), malaise and fever(12%)

Table 2: (Continued...)

Study, yr	Country	Intervention					Enrolled patients, n	Clinical outcomes ^b , n					
		Injected site ^a	Session, n*	Interval, wk	Duration, wk†	Follow up, month†		CR	DCR	NR	Recurrence	Adverse events (%)	
Propionium													
Nasser, 2012	Brazil	MW	5	4	20	0	14	8	NA	1	NA	NA	
Zinc													
Abd El-Magid et al., 2019	Egypt	EW	4	2	8	3	39	4	NA	0	2	Edema(15%), hema-toma(55%), pain(100%), post-treatment hyperpigmentation(10%), super-ficial necrosis(15%)	
9. Control													
Israel, 1969	US	MW	1	0	0	2	50	21	NA	NA	0	Edema/erythema(2%)	
Vance et al., 1986	US	MW	3	5	3	3	42	8	NA	17	NA	None	
Horn et al., 2005	US	MW	5	3	12	0	61	13	9	47	NA	Edema/erythe-ma(23.9%), flu-like symptom(2.1%)	
Aksakal et al., 2008	Turkey	MW	1	0	0	3	8	0	NA	NA	0	None	
A Nofal and E Nofal, 2010	Egypt	MW	5	2	8	6	50	11	3	13	3	None	
Nasser, 2012	Brazil	MW	5	4	20	0	14	0	NA	9	NA	NA	
Abd-Elazeim et al., 2014	Egypt	MW	6	1	5	6	20	0	NA	18	2	Edema (5%), erythema and pain(15%), post-hypopigmentation(10%)	
Zamanian et al., 2014	Iran	EW	3	2	4	6	30	6	NA	NA	NA	Pain(100%)	
Agrawal et al, 2018	India	MW	3	3	6	6	50	7	0	NA	4	Erythema, pain	
Awal and Kaur, 2018	India	MW	5	2	8	4	75	5	NA	NA	3	Flu-like symptom(2%), pain(88%)	
Fathy et al., 2019	Egypt	MW	3	3	6	6	20	NA	NA	20	NA	Pain(100%)	
Kareem et al., 2019	Egypt	MW	2	4	4	3	20	1	0	19	0	Pain(20%)	
Rezai et al., 2019	Iran	MW	5	2	8	6	30	5	NA	NA	0	Edema, erythema, flu-like symptom, pain, pruritus	

^aInjection site: EW: every single wart, MW: mother wart, ^bClinical outcomes: CR: complete response, DCR: distant complete response, NR: no response, *maximum, †mean, NA, not available

complete response rate of the MMR group was 62.0% (95% confidence interval: 31.1–93.0%) and that of the *Candida* group was 42.0% (95% confidence interval: 7.3–76.7%). The distant complete response rate of Vitamin D (17.6%, [95% confidence interval: -0.5–35.8%]) and IFN-α (8.8%, [95% confidence interval: -0.7–18.4%]) showed no significant difference from that of the control group with saline injection (14.2% [95% confidence interval: -1.9–30.2%]).

Meta-regression for age and sex

There were no significant linear interactions between mean age and sex (female to male ratio) with changes in treatment response, and the coefficients for the variables were not statistically significant (*p*-value, 0.61 for age; 0.43 for sex).

Rate of recurrence among patients who have achieved complete response

A total of 47 studies reported recurrence after treatment, and the median follow-up period was six months (range, 0–12 months). The recurrence rates among studies were reported from 0 to 16.7%. The pooled recurrence rate was 2.0% (95% confidence interval: 1.1–2.9%).

Safety of intralesional immunotherapy

Of the 54 clinical studies included in this analysis, 51 reported occurrence of adverse events, and 41 presented the specific frequency of adverse events. The most common adverse event was pain, reported in 35 of 51 studies regardless of the immunotherapeutic agent used, with frequency varying

from 2 to 100%. Flu-like symptoms were reported in 22 of the 51 studies, ranging in frequency from 2.5 to 100%. Other adverse events including erythema, oedema, and pruritus have been reported frequently, and lymphadenopathy, vasovagal syncope, dyspigmentation, eczematous reaction and ulceration have been noted as rare adverse events.

Discussion

In this systematic review and meta-analysis, the overall treatment response rate for the complete response of intralesional immunotherapy was 60.6% (95% confidence interval: 54.8–66.5%) [Figure 3]. The complete response rate for each immunotherapeutic agent was observed from 50.9 to

73.1%, but the difference was not statistically significant. The treatment response rate of distant lesions was 51.6% (95% confidence interval: 37.9–65.3%), and all agents except vitamin D and IFN- α showed similar results.

Intralesional immunotherapy is thought to target the CMI response by introducing antigens at the wart site, inducing a T cell-mediated systemic response. All intralesional immunotherapy methods share some common mechanism of action, regardless of the agent used, so it is presumed that they showed similar efficacy in this study. Horn *et al.* reported that increased proliferation of peripheral blood mononuclear cells to autologous HPV antigens after initiation of intralesional immunotherapy using mumps, *Candida*, and *Trichophyton* skin test antigens was more likely to be observed among responders than non-responders.⁵² Kim *et al.* in their trial of intralesional injection of *Candida* antigen reported an immune response to HPV-57 L1 peptide among responders, suggesting that L-1-specific T-cells may be involved in wart regression.³¹ The strong proinflammatory signals against Mw attract antigen-presenting cells with the production of helper T-cell type 1 cytokines and activation of cytotoxic and natural killer T cells that probably also recognize and process low-profile HPV particles in the infected tissue.⁶⁴ Vitamin D is thought to be effective in the treatment of warts as a mechanism that regulates cytokine production through its action on Vitamin D receptors at the same time controlling differentiation and proliferation of epidermal cells.^{65,66}

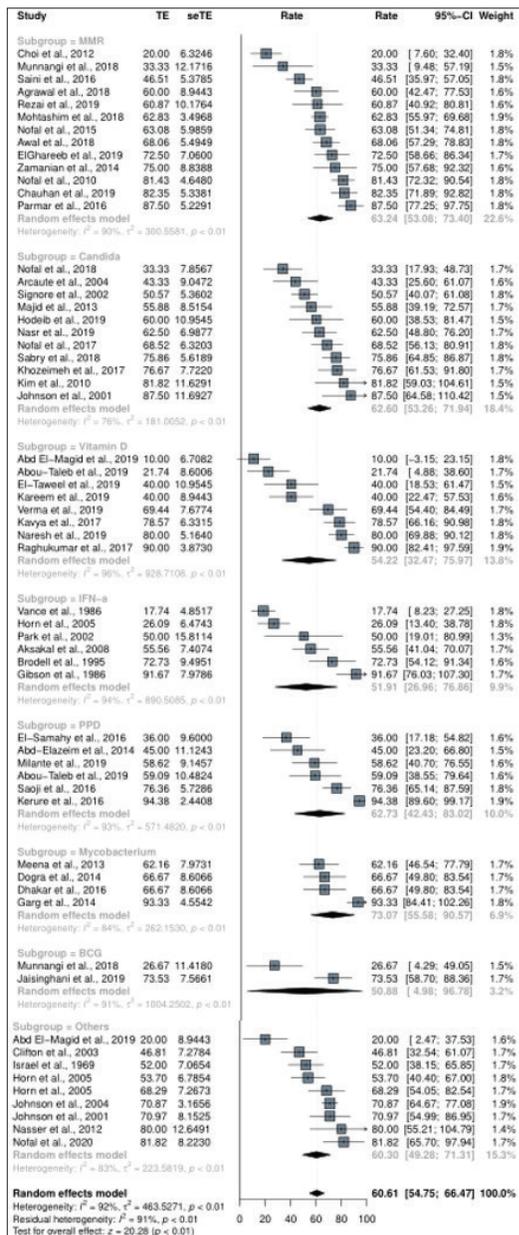


Figure 2a: Treatment response of intralesional immunotherapy. The complete response rate of intralesional immunotherapy on injected and adjacent warts

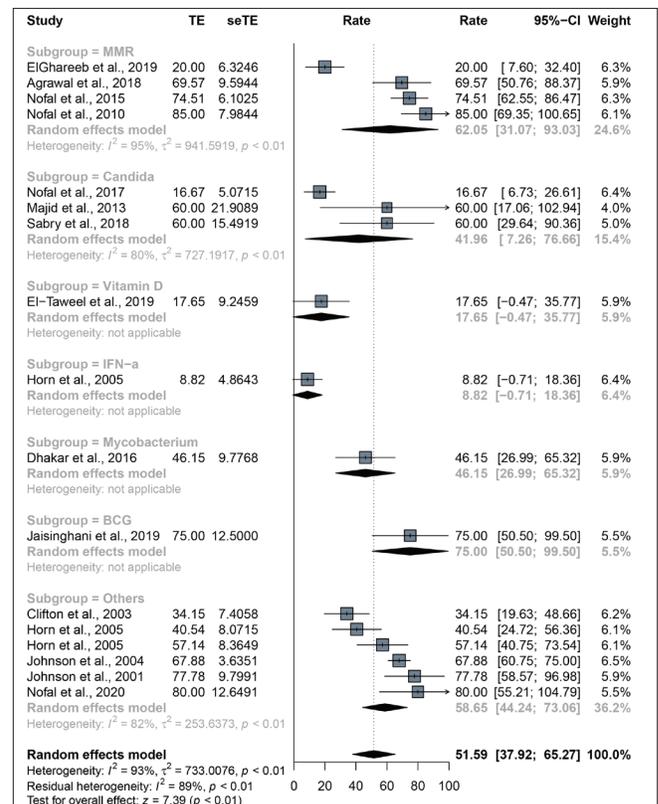


Figure 2b: Treatment response of intralesional immunotherapy. The complete response of intralesional immunotherapy on distant warts located in other body parts

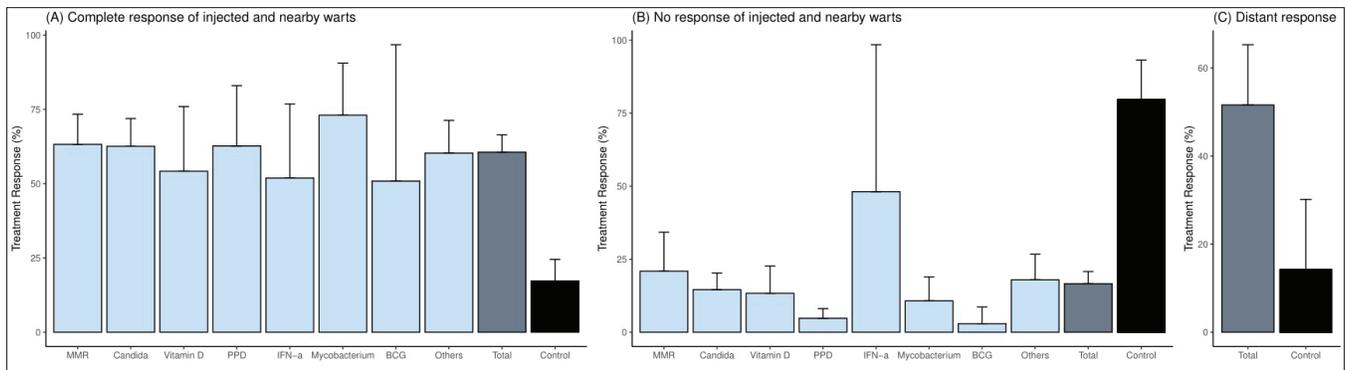


Figure 3: The pooled treatment response of intralesional immunotherapy

Reports of distant wart resolution suggested a systemic immune response resulting from intralesional immunotherapy. The immunity acquired through the use of an immunotherapeutic method could exert a positive effect with a higher response rate in the treatment of patients with numerous distant warts. An evoked delayed-type hypersensitivity response to both the used antigens and the wart tissue, as well as an instigated cellular immunity through activation of cytotoxic and natural killer cells against HPV have been suggested as aspects of this phenomenon.⁶⁷ Based on this assumption, the effectiveness of intralesional immunotherapy in eradicating distant warts and the occurrence of better outcomes in patients with previous sensitization to the employed antigens could be justified.^{22,31,34,60,64}

The most troublesome factor in the management of warts is the high recurrence rate of at least 30% after apparently successful treatment, which is possibly driven by the recrudescence of the virus from the surrounding tissue reservoir.⁶⁸ In the present systematic review, the median follow-up duration among assessed studies was six months, and the pooled recurrence rate was 2.0%, which is remarkably lower than the recurrence rate reported in correlation with conventional treatments. It is assumed that the immune response acquired by intralesional immunotherapy may have played a role in preventing recurrence.

Intralesional immunotherapy is a safe treatment option. The adverse events appeared either in the form of local immunologic or irritant reactions or systemic and constitutional symptoms, such as fever and flu-like symptoms. Pain at the injection site was mentioned in most studies but was rarely prolonged in duration. However, painful indurated nodules, discharges, and scars may occur at the injection site of the Mw vaccine and there was one case report of a severe adverse event of a painful purple finger after injection of *Candida albicans* antigen for the treatment of a periungual wart,⁶⁹ so awareness of all possible complications is important.

Intralesional immunotherapy is useful for treatment of non-genital warts, especially in patients with multiple lesions, as it is simple to perform, has a short downtime, rare mild adverse

effects, favorable treatment response, and low recurrence rate. Conventional therapies for warts with a destructive mechanism might similarly be effective against conspicuous lesions;⁷⁰ however, adverse events and high recurrence rates are often major limitations inherent in these approaches.⁷¹ For example, the recurrence rate of warts after cryotherapy is as high as 30%.⁷² Adverse events that follow use of destructive modalities such as infection, ulceration, scarring and hypo- or hyperpigmentation seldom occur when using intralesional antigen immunotherapy.

This study was limited by substantial heterogeneity of the included studies, which may be attributable to variations in treatment regimen, study population race, and disease severity (number, location, and duration of warts) across studies.

Conclusion

We systematically reviewed the response to intralesional immunotherapy in the management of non-genital warts. Intralesional immunotherapy, compared with conventional therapeutic methods, showed favorable treatment outcomes, lower incidence of side effects, and lower recurrence rate. With its efficacy in clearing distant warts, intralesional immunotherapy is a promising treatment approach for patients with multiple or recalcitrant warts.

Abbreviations

BCG: Bacillus Calmette-Guerin
 CI: Confidence interval
 CMI: Cell-mediated immunity
 HPV: Human papillomavirus
 MMR: Measles, mumps, and rubella
 Mw: Mycobacterium w
 PPD: Purified protein derivative

Declaration of patient consent

Patient consent is not required as there are no patients in this study.

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Conflicts of interest

There are no conflicts of interest.

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