Pachydermoperiostosis



Figure 1: (a) Thickening and furrowing of skin over face (b) Swelling of hands and fingers (c) Clubbing of fingers (d) Irregular periosteal thickening of phalanges, metacarpals, distal ends of ulna and radii

A 40-year-old male presented with thickening and furrowing of skin over face and scalp with thickening of eyelids, cheeks and chin, deep nasolabial folds and thickening of skin over hands and feet for 25 years [Figure 1a]. Seborrhea and open sebaceous pores were seen. Clubbing with terminal widening of fingers [Figure 1b and c] and toes and palmoplantar hyperhidrosis were noted. There was widening of forearms and lower legs. A diagnosis of pachydermoperiostosis was made. X-rays of hands and feet revealed soft tissue swelling and irregular periosteal thickening of the distal end of long bones, metacarpals, metatarsals and phalanges [Figure 1d].

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Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent forms. In the form the patient(s) has/have given his/her/their consent for his/her/their images and other clinical information to be reported in the journal. The patients understand that their names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

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Conflicts of interest

There are no conflicts of interest.

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