

## A t(r)icky mole behind the ear

A 11-year-old boy was brought to our outpatient department with history of sudden onset of a painful mole behind the left ear since 2 days. There was no history of any significant medical illness in the past. He gave a history of playing outdoors for a long time the previous evening prior to the appearance of the lesion.

On examination a tender mole-like lesion [Figure 1] was seen behind the left ear. The tenderness made the child uncooperative for a thorough examination thereafter. There was however no regional lymphadenopathy or any other significant skin lesion in the adnexa or anywhere else on the body. On a closer examination, the 'movement' of the mole was appreciated and it was evident that it was an insect (tick) holding on to the skin after a blood meal [Figure 2]. The insect could be disengaged from the skin by instilling a drop of surgical spirit on it [Figure 3]. The lesion healed with topical antibiotic (fusidic acid) cream alone without leaving any evidence of residual injury. The child was followed-up after 10 days with no evidence of any systemic illness suggestive of any vector borne illness.

### DISCUSSION

Tick bites are some of the not so uncommon presentations of the whole group of dermatoses classified as insect bite reactions (IBR). Ticks are blood sucking ectoparasites of the vertebrates which transmit a variety of diseases like the tick borne relapsing fever apart from viral and rickettsial infections and Lyme's disease.<sup>[1]</sup> The pain experienced by the patient as the insect holds on to the skin is a debilitating experience for the patient which often drives them to seek immediate medical attention. They may occupy any part of the host and has even been reported from inside the ear canal.<sup>[2]</sup>

Various methods have been suggested for tick removal like application of iodine, ether, chloroform, petrol, and kerosene.<sup>[1]</sup> Among various methods employed for tick removal, surgical removal with a fine curved forceps to avoid squeezing the body of the tick seems to



Figure 1: A hyperpigmented mole-like appearance of the tick attached to the host after a blood meal



Figure 2: Closer view of the insect



Figure 3: The papular bite mark on the skin seen after removal of the insect

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be the most preferred method.<sup>[3]</sup> Recently, cryotherapy has also been reported to be effective in the process.<sup>[4]</sup>

In this patient, the insect could be removed by instilling a drop of surgical spirit which probably disturbed it and could be removed alive with a forceps without leaving any residual injury. The entomological analysis of the insect could not be done to comment on the exact nature of the parasite. The importance of early detection and removal of the parasite is stressed upon in view of the potential disease transmission by the bite.

### ***K. T. Ashique***

Consultant Dermatologist, Department of Dermatology, Alshifa Hospital, Perinthalmanna, Kerala, India

#### **Address for correspondence:**

Dr. K. T. Ashique,  
Karalikkattil House, Karakkaparamba, Vaniyambalam,  
Malappuram - 679 339, Kerala, India.  
E-mail: drashique@gmail.com

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### IADVL 2014- IMPORTANT ANNOUNCEMENT

## Research Methodology Workshops-2014

Organized by the IADVL Academy of Dermatology with the IADVL Delhi, Karnataka, Maharashtra and West Bengal state branches

### Schedule, Venues and Contact Persons

- **9 am-5 pm, February 15 & 16: BYL Nair Hospital, Mumbai.** Contact Dr Manish Gautam, Hon. Secretary, IADVL (MSB) (09821012573; secretarymahaiadvl@gmail.com).
- **12.30-8 pm, February 22 & 8 am-5 pm, February 23: Command Hospital (Eastern Command), Kolkata.** Contact Dr Arghya Ghosh (09432443277, iadvlwb@gmail.com) Dr Manas Chatterjee (08697709387, drmanaschatterjee@gmail.com) or Dr Saumya Panda (09831163975; saumyapan@gmail.com)
- **9 am-5 pm, March 8 & 9: Bangalore Medical College, Bangalore.** Contact Dr Umashankar N., Hon. Secretary, IADVL (KSB) (09448151468; secretarykniadvl@gmail.com, usdermavision@gmail.com).
- **May 3 & 4: Maulana Azad Medical College, Delhi.** Contact Dr Atul M. Kochhar, President, IADVL (DSB) (09811386390, 09868392790; dramok@gmail.com) or Dr Pikun Gangwani, Hon. Secretary, IADVL (DSB) (09711825992; pikungangwani@gmail.com).

### Registration Fees

Rs 500 (both days) or Rs 300 (one day)

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