

Fite-Faraco staining in combination with multiplex polymerase chain reaction: A new approach to leprosy diagnosis

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ABSTRACT

Background: Leprosy is not always an easy disease to diagnose, and patients can remain undiagnosed for longtime, not only at the peripheral clinics but also even at places with higher medical facilities, so, there is an urgent need for rapid and definitive modalities for leprosy diagnosis. This prospective study evaluates the ability of Fite-Faraco staining (FF staining) and multiplex polymerase chain reaction (PCR) over hematoxylin and eosin staining (H and E staining) and Ziehl–Neelsen staining (ZN staining).

Aims: The aim of this perspective study is to evaluate the effectiveness of FF staining in combination with multiplex PCR for the early and rapid diagnosis of leprosy than any other coexisting diagnosis tool. **Methods:** Patients with new skin patches or nodules with or without evidence of nerve damage were selected for the study. Punch biopsy was collected according to standard procedures. Each biopsy sample was divided into two equal parts, one half was fixed in 4% (v/v) buffered neutral formalin and then accordingly embedded in paraffin. Sections were stained by three different methods: H and E staining for histopathological examination, ZN staining, and FF staining for detection of acid-fast bacilli (AFB). And the other part was subjected for DNA extraction and PCR was carried out by the obtained DNA sample. **Results:** H and E staining, ZN staining, FF staining, and PCR yield 58.2%, 50.9%, 60%, and 67.7% successful diagnosis of leprosy. The true diagnostic performances for these techniques were as follows: H and E staining – sensitivity 70.6%, positive predictive value (PPV) 81.9%, negative predictive value (NPV) 53.6%. For ZN staining – sensitivity 59.9%, PPV 69%, NPV 45.7%. For FF staining – sensitivity 74.6%, PPV 85.9%, NPV 56.7%, and for PCR – sensitivity 87.8%, PPV 95.6%, NPV 71.2%. **Conclusion:** The combination of FF staining and PCR was shown to provide a rapid and definitive diagnosis in the majority of leprosy suspected cases with a higher positive likelihood ratio (+LR) of 7.76 and 2.716, respectively, than H and E staining of 2.244 and ZN staining of 1.378.

Key words: Acid-fast bacilli, Fite-Faraco staining, hematoxylin and eosin staining, multiplex polymerase chain reaction, *Mycobacterium leprae*, Ziehl–Neelsen staining

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INTRODUCTION

Leprosy has tormented the human civilization through the recorded history and has long been one of the world's most stigmatized diseases, probably due to its mystery; fear of deformities and of contagion. Even today the stigma is still strong, despite our advanced knowledge about the disease and still remains an important health issue.

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Leprosy is not always an easy disease to diagnose, and patients can remain undiagnosed for a longtime, not only at the peripheral clinics but also even at places with higher medical facilities. So, early diagnosis is of fundamental importance to all aspects of leprosy including epidemiology, case management, and the prevention of deformity and disability.

Mycobacterium leprae (*M. leprae*) cannot be cultivated *in vitro*, and so the classical bacteriological methods to identify pathogenic bacteria cannot be applied for the diagnosis of leprosy. The diagnosis of leprosy has been performed based on clinical criteria (anesthetic skin lesions; enlarged/thickened peripheral nerves) and the presence of acid-fast bacilli (AFB) from tissue smears or tissue section stained by modified Ziehl–Neelsen staining (ZN staining). Laboratory diagnosis of leprosy is generally made by microscopic and histopathological examination.^[1] Slit skin smears (SSSs), taken to detect intradermal bacilli, traditionally represents, one of the cardinal signs of the disease and when positive for *M. leprae* have very high specificity but its sensitivity is extremely low because smear positive patients never contribute higher percentage of the total number of patients, on the contrary 70% of leprosy patients are smear negative. So low degree of positivity combined with low reliability of the technique may make reliance on them more difficult. Biopsy to study histopathology, immunohistopathology, and culture in mouse foot pad are very helpful tests but are available only in few centers. Histopathology continues to be regarded as the gold standard for the diagnosis, particularly in early stage of leprosy. It also provides information on the nature of host response by which one can predict the likely course of the disease and the likely response to therapy. Literature reveals that the histopathological conformation rate in several studies varies from 29% to 58% in early stages of leprosy and clinically suspected leprosy. Job–Chacko modified Fite-Faraco (FF) staining for *M. leprae* enables the better chances of detection of the bacteria in the granuloma of early leprosy.^[2]

Nonpolymerase chain reaction (PCR) based detection of *M. leprae* DNA requires at least 10^4 organisms in order to obtain reliable and reproducible results.^[3] Therefore, these methods are not routinely used as a diagnostic tool to detect *M. leprae*, particularly in patients with indeterminate type and the tuberculoid end of the leprosy spectrum where AFB are generally rare or virtually absent.

New molecular biology methods exploiting nucleic acids technology have been developed as reliable and sensitive diagnostic tools for identification of

pathogens in many infectious diseases. With the specific PCR amplification of *M. leprae* DNA it becomes much easier for the detection and diagnosis of leprosy, due to its sensitive, specific, and rapid detection of microorganisms in clinical specimens especially in the paucibacillary (PB) entity of leprosy.^[4]

The aim of this study is to evaluate and compare the effectiveness of tissue section stained with three different stains like hematoxylin and eosin staining (H and E staining), FF staining, and modified ZN staining in combination with PCR in different entities of leprosy for rapid, early and possible accurate diagnosis.

METHODS

Leprosy patients were selected following World Health Organization (WHO) guidelines and were classified according to the Ridley–Jopling Classification.^[5]

Collection of punch biopsies

Samples from untreated patients were collected after obtaining duly signed informed consent forms and institutional ethical clearance. Patients with new skin patches or nodules with or without evidence of nerve damage were selected for the study. Samples for punch biopsy of approximately 4 mm size were collected according to standard procedures.^[1] A portion of biopsy samples from each patient was fixed in 4% (v/v) buffered neutral formalin and then dehydrated in a graded series of ethanol and embedded in paraffin. Sections were stained by three different methods: H and E staining for histopathological examination, ZN staining, and FF staining for detection of AFB and other portion had been stored at -20°C until used for PCR.

H and E staining for tissue sections

H and E staining for paraffin section was done by deparaffinizing in xylene followed by dehydration through graded alcohols and then stained in Harris hematoxylin for 15 min followed by washing under running tap water and differentiation in 1% acid alcohol and were counterstained with 1% eosin for 1 min followed by washing and blotting and finally mounted with DPX.^[6,7]

Modified ZN staining for tissue sections

Modified ZN staining was done for the tissue sections briefly. Section were deparaffinized, stained in boiling/hot carbol fuchsin for 15 min, washed and decolorized in 25% H_2SO_4 , washed and counter

stained with 1% methylene blue. Slides were air dried and mounted with DPX.^[8]

Fite-Faraco staining for tissue sections

Sections were deparaffinized with two changes of 12 min each of xylene-peanut oil and stained in carbol fuchsin stain for 30 min, washed in running tap water, decolorized by 5% H₂SO₄ differentiated in 25% ethanol followed by washing again under running tap water. Slides were counterstained with Harris hematoxylin for 3 min. Excess hematoxylin was washed off, blotted, and kept for a few minutes for air dry and finally mounted with DPX.^[2]

Extraction of DNA from the biopsy samples and multiplex polymerase chain reaction

Skin Biopsies were collected from study subjects and genomic DNA was isolated by proteinase-K digestion and a standard phenol chloroform method.^[9]

Multiplex PCR

A multiplex PCR for the rapid diagnosis of *M. leprae* in patients has been developed in our laboratory based on the following primers:

- The repetitive sequence of the *M. leprae* DNA, reported to be very specific to *M. leprae* and not present in 20 other mycobacterial species other than *M. leprae*.^[10]
- A region flanking entire 21TTC repeat sequence specific for multibacillary (MB) leprosy designed by Shin *et al.* The specificity and sensitivity of the primers: LR1 and LR2 and TTC-A and TTC-B had been already established in earlier studies.^[11] PCR was performed by

Multiplex PCR technique as described earlier.^[9] Briefly, 100 ng genomic DNA was amplified with DNA polymerase (Ampli Taq Gold; Applied Biosystems, Inc. [ABI], Foster City, CA) in a PCR reaction mixtures, containing 1 × PCR buffer (Applied Biosystems), 2 mM MgCl₂, 0.25 mM each dNTP, 20 picomoles generic antisense primers, and 20 picomoles of generic sense primers. The primer sequences, primer annealing temperature (Ta°), and PCR product sizes are shown in Table 1. The PCR reactions were performed in the following conditions: 95°C 4 min, followed by 35 cycles of 95°C for 1 min, Ta° for the internal control as shown in Table 1 for 1 min, 72°C for 1 min, and then 72°C for 10 min for the final extension. The amplified products were separated by electrophoresis on 2% agarose gel stained with 0.5 mg/ml ethidium bromide and visualized and photographed under a UV transilluminator.

Statistical analysis

All statistical analysis is done by online diagnostic test calculator. (<http://ktclearinghouse.ca/cebmlpractise/ca/calculators/statscalc>). Canadian Institute of Health Research (CIHR) 2000-2012.^[12-17]

RESULTS

One hundred and sixty five (*n* = 165) patients clinically diagnosed as leprosy cases were enrolled in this study out of which 10, 27, 71, 38, and 19 cases were diagnosed as indeterminate, TT, BT, BL, and LL, respectively. Punch biopsies, taken from these patients were processed for histopathological studies [Figures 1-3]. Considering clinical diagnosis as a reference the concordance of different techniques were as follows: H and E staining suggested 96 cases (58.2%) as positive with an indirect evidence of *M. leprae* infection as in Table 2. Modified ZN staining showed total 84 cases (50.9%) positive for the presence of AFB in the tissue section while FF staining and PCR [Figure 4] showed 99 (60%) and 111 (67.3%) positive cases, respectively, as shown in Table 2. The “true”

Table 1: Primers and Tm values for PCR

Primers	Primer sequences	Tm value/cycles	Product size
LR1	5'-CGG CCG GAT CCT CGA TGC AC-3'		372 bp
LR2	5'-GCA CGT AAG CTT GTC GGT GC-3'		
TTC-A	5'-GCA CCT AAA CCA TCC CGT TT-3'	58°C/35 cycles	
TTC-B	5'-CTA CAG GGG GCA CTT AGC TC-3'		201 bp

PCR: Polymerase chain reaction

Table 2: Total number of cases diagnosed by different techniques

No. of cases	H and E staining (%)		ZN staining (%)		FF staining (%)		PCR (%)		SSS (%)	
	+ve	-ve	+ve	-ve	+ve	-ve	+ve	-ve	+ve	-ve
165	96 (58.2)	69 (41.8)	84 (50.9)	81 (49.1)	99 (60)	66 (40)	111 (67.3)	54 (32.7)	67 (40.6)	98 (59.4)

H and E, staining: Hematoxylin and eosin staining, ZN staining: Ziehl-Neelsen staining, FF staining: Fite-Faraco staining, PCR: Polymerase chain reaction, SSS: Slit skin smear

diagnostic performance of the various techniques is shown in Tables 3 and 4 with the graphical representation in Figure 5a-d.

DISCUSSION

The more subtle issue in an early diagnosis of leprosy is the designation of a true positive result. It became very difficult to diagnose leprosy by the clinicians at the early stage when it would often have offered the opportunity to treat disease. Hence, it seems important for the clinicians to have an ideal diagnostic tool that would be simple and with high specificity and sensitivity. Combining various tests may improve the precision of a diagnostic procedure in leprosy as using the ‘OR’ connector sensitivity is increased at the expense of specificity, whereas using the ‘AND’ connector (a combination of two or more signs must be present for the diagnosis) increases specificity at the expense of sensitivity. The sensitivity and specificity of a test can be determined only by comparison with another reliable test, that is, a so-called ‘gold standard’, if it exist keeping clinical diagnosis as reference. The “gold standard” for the diagnosis of leprosy is a full thickness skin biopsy sample obtained from

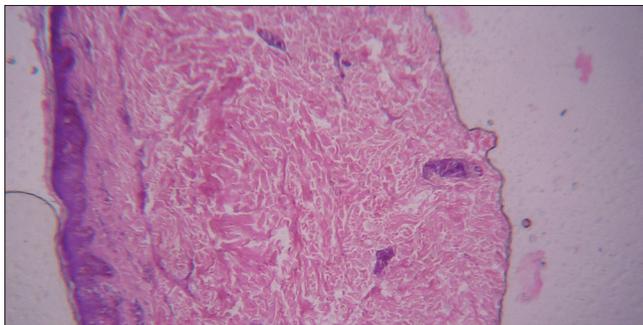


Figure 1: H and E, staining for tissue section showing increased spaces between dermis and epidermis depicting an indirect evidence for *M. leprae* infection (H and E stain viewed under x100 immersion oil)

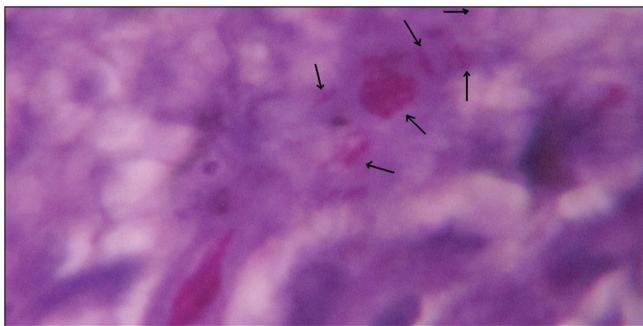


Figure 3: Fite-Faraco staining for tissue section (Carbol Fuchsin stain counter stain with hematoxylin viewed under x100 immersion oil). Arrows showing *M. leprae* bacilli

Table 3: Diagnostic performances of various tests

Diagnostic performance	H and E Staining	ZN Staining	FF Staining	PCR
Sensitivity (%)	70.6	56.9	74.6	87.8
Positive predictive value (%)	81.9	69	85.9	95.6
Negative predictive value (%)	53.6	45.7	56.7	71.2
+ve likelihood ratio	2.244	1.378	2.716	7.376
-ve likelihood ratio	0.428	0.734	0.351	0.138

ZN staining: Ziehl-Neelsen staining, FF staining: Fite-Faraco staining, PCR: Polymerase chain reaction

Table 4: Leprosy spectrum split data showing outcome of different diagnostic tests

No. of cases	ID/	TT	BT		BL	LL
	10 (PB)	27 (PB)	33 (PB)	38 (MB)	38 (MB)	19 (MB)
H and E stain	0	3	13	30	31	19
ZN stain	0	1	14	20	30	19
FF stain	2	3	18	24	33	19
PCR	3	5	21	27	36	19
SSS	0	0	0	20	28	19

ID: Indeterminate, TT: Tuberculoid tuberculoid, BT: Boderline tuberculoid, BL: Borderline lepromatous, LL: Lepromatous lepromatous, PB: Paucibacillary, MB: Multibacillary, H and E staining: Hematoxylin and Eosin staining, ZN Staining: Ziehl Neelsen staining, FF staining: Fite-Faraco staining, PCR: Polymerase chain reaction, SSS: Slit skin smear

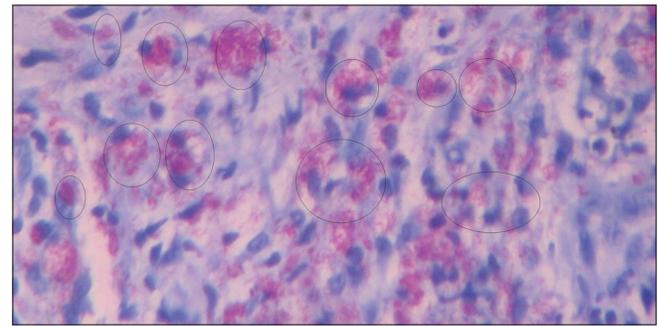


Figure 2: Ziehl-Neelsen staining for tissue section (Carbol Fuchsin stained counter stained by methylene blue viewed under x100 immersion oil). Circles showing granuloma

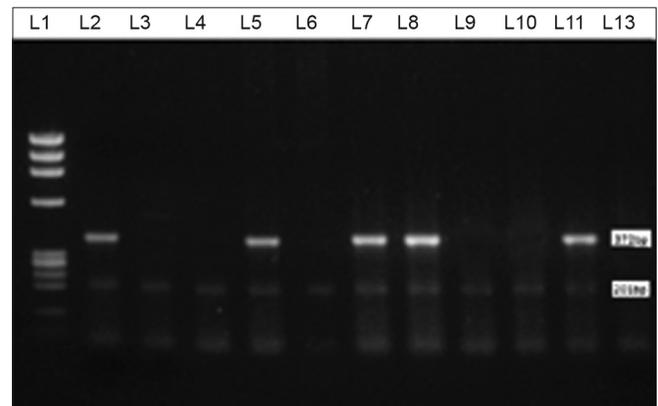


Figure 4: Multiplex PCR showing Lane1: PhiX174 DNA Marker, Lane 2, 5, 7, 8: shows positive bands for both 372bp and 201 bp. Lane 3, 4, 6, 9, 10: Shows positive band for 201 bp only. Lane 11: Positive control (Thai 53 strain) Lane 12: Negative control

the advancing margin of an active lesion, fixed in neutral buffered formalin, embedded in paraffin, and examined by an experienced pathologist. The primary characteristics to be recognized are histological patterns of the host response in H and E stained sections, the involvement of cutaneous nerves, and the identification of AFB within nerves using the ZN staining.^[18]

Presently, histopathology continues to be regarded as the gold standard for the diagnosis, with its limitations, particularly in early stage of leprosy. The histopathology of infectious diseases, that is, direct microscopic visualization of tissue samples for identification of the infectious agent, is particularly useful when cultures cannot be made or the infectious agent is slow growing or fastidious.^[1,19] When considered with relevant clinical history, the

histological features seen in tissue biopsies may provide sufficient information to correctly identify a particular type of organism.^[20,21]

In the present study, H and E staining as in Figure 1, identified 58.2% of the 165 of cases as positive with indirect evidence as presented in Table 2, among which 22.8% of 42.6% PB cases and 84.2% of 57.6% MB cases as in Table 5, with sensitivity of 70.6%. Also the positive predictive value (PPV) and the negative predictive value (NPV) for this test were 81.9% and 53.6%, respectively, as shown in Table 3 and graphically shown in Figure 5a. Furthermore, 1 out of 44 PB cases and 3 out of 10 MB cases were found positive, which were found negative in PCR as in Table 6. Hence combination of H and E staining and PCR yielded 42.5% of the total PB cases and 89.4% of the total MB cases as shown in Table 7.

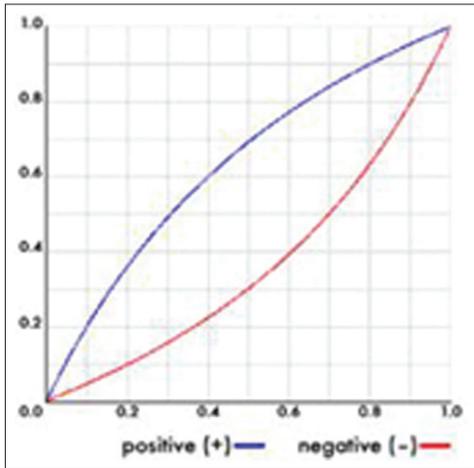


Figure 5a: Graphical representation for the post test predictive values of H and E, staining

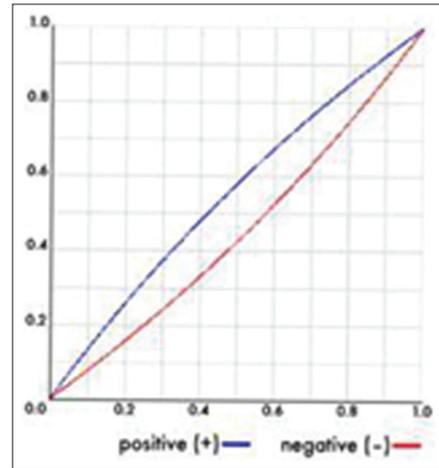


Figure 5b: Graphical representation for the post test predictive values of ZN staining

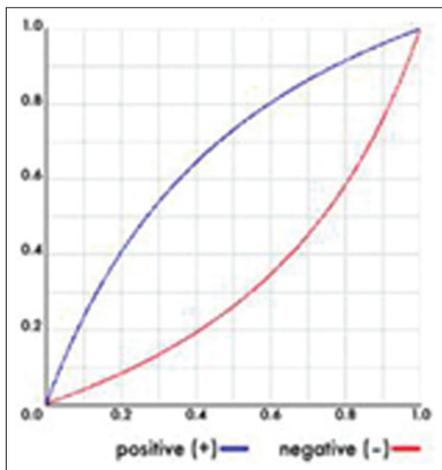


Figure 5c: Graphical representation for the post test predictive values of Fite-Faraco staining

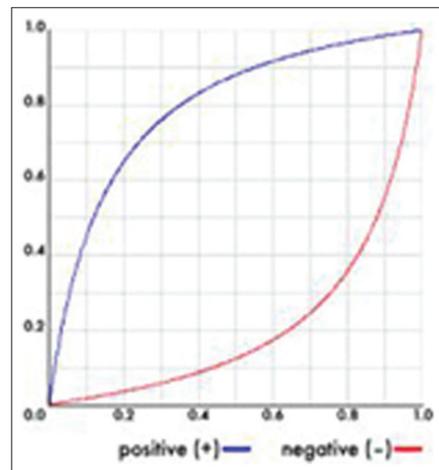


Figure 5d: Graphical representation for the post test predictive values of multiplex PCR

Table 5: Percentage of PB and MB cases diagnosed by different tests

Test	Paucibacillary 70 CASES (42.4%) (ID=10, TT=27, BT=33) (%)	Multibacillary 95 CASES (57.6%) (BT=38, BL=38, LL=19) (%)
H and E, staining	16 (22.8)	80 (84.2)
ZN staining	15 (21.4)	69 (72.6)
FF staining	23 (33.5)	76 (80)
PCR	29 (41.4)	82 (86.3)
SSS	0 (0)	67 (70.5)

ID: Indeterminate, TT: Tuberculoid tuberculoid, BT: Boderline tuberculoid, BL: Borderline lepromatous, LL: Lepromatous lepromatous, PB: Paucibacillary, MB: Multibacillary, H and E staining: Hematoxylin and eosin staining, ZN staining: Ziehl-Neelsen staining, FF Staining: Fite-Faraco staining, PCR: Polymerase chain reaction, SSS: Slit skin smear

Table 6: Number of cases found positive with different tests when PCR is negative

	No of PCR negative cases=54	
	Paucibacillary (44 cases)	Multibacillary (10 cases)
H and E, staining	1	3
ZN staining	0	1
FF staining	4	5
SSS	0	0

H and E staining: Hematoxylin and eosin staining, ZN staining: Ziehl-Neelsen staining, FF staining: Fite-Faraco Staining, PCR: Polymerase chain reaction, SSS: Slit skin smear

Table 7: Percentage of PB and MB cases diagnosed by different test in combination with PCR

Combination of tests	Paucibacillary (70 cases) (%)	Multibacillary (95 cases) (%)
PCR+H and E, staining	30 (42.5)	85 (89.4)
PCR+ZN staining	29 (41.4)	83 (87.3)
PCR+FF staining	33 (47.1)	87 (91.5)
PCR+SSS	29 (41.4)	83 (87.3)

H and E, staining: Hematoxylin and Eosin staining, ZN Staining: Ziehl-Neelsen staining, FF Staining: Fite-Faraco staining, PCR: Polymerase chain reaction, SSS: Slit skin smear

Modified ZN staining as in Figure 2 showed 50.9% of 165 cases as positive for the presence of *M. leprae* in the tissue section as presented in Table 2 among which 21.4% of 42.6% PB cases and 72.6% of 57.6% MB cases as shown in Table 5 with sensitivity of 56.7% and the PPV and NPV for this test were 69% and 45.7%, respectively, as shown in Table 3 and graphically presented in Figure 5b. Furthermore, 1 out of 10 MB cases were found positive, which were found negative in PCR as in Table 6. Hence, combination of modified ZN stain and PCR yielded 41.4% of the total PB cases and 87.3% of the total MB cases as shown in Table 7.

The FF staining for leprosy bacilli is similar to the modified ZN staining, but the paraffin wax is removed

from the sections with two changes of xylene with one part of groundnut oil or cottonseed oil.^[2] Mycobacterial cell walls contain a waxy substance composed of mycolic acids. These are β -hydroxyl carboxylic acids with chain lengths of up to 90 carbon atoms. The property of acid fastness is related to the carbon chain length of the mycolic acid. Deparaffinizing using peanut oil/xylene mixture helps to protect the more delicate waxy coat of the organisms and the residual oil in the sections helps prevent shrinkage. Also the modified method uses hematoxylin as the counter stain in place of methylene blue. The leprosy bacillus is more easily decolorized than the tubercle bacillus, and differentiation must be carefully controlled therefore alcohol is removed from the hydrating and dehydrating steps and 5% sulphuric acid is used as a decolorizer in place of acid-alcohol solution. As hematoxylin is used as the counter stain in the FF staining, it demonstrates the nucleus and cytoplasmic inclusions. A faint residual red color in the tissues is especially important, and sections that do not show this may be unreliable for the exclusion of leprosy, therefore the cells and the tissue structures are clearly identified in relation to the AFB. Finding AFB in any one of the following sites such as the sub-epidermal region of the skin, inside Schwann cells, endothelial cells will confirm the diagnosis of leprosy.

In the present study, FF staining of tissue section from skin biopsies as shown in Figure 3, showed 60% of the 165 cases as positive for the presence of *M. leprae* in the tissue sections as shown in Table 2 among which 33.5% of 42.6% PB cases and 80% of 57.6% MB cases as in Table 5. This test showed sensitivity of 74.6% and PPV of 85.9% and NPV of 56.7%, respectively, as shown in Table 3 and graphically shown in Figure 5c. Also, by this test 4 out of 44 PB cases and 5 out of 10 MB cases were found positive, which were found negative in PCR as shown in Table 6. Hence combination of FF staining and PCR yielded 47.1% of the total PB cases and 91.5% of the total MB cases as shown in Table 7.

M. leprae is not cultivable *in vitro*, and lack of growth on standard mycobacterial isolation media could be considered as one laboratory criterion to differentiate this organism from other mycobacterial pathogens, at the same time definitive identification of *M. leprae* is problematic and eventually this problem is confounded today by the increased prevalence of other mycobacterial infections of the skin. The major achievements for laboratory diagnosis of Hansen's disease for the past 20 years were the development

of methods for the extraction, amplification, and identification of *M. leprae* DNA in clinical specimens using PCR and other molecular techniques.

These assays have been based primarily on the amplification of *M. leprae* specific sequences using PCR and identification of the *M. leprae* DNA fragment. Many different *M. leprae* genes have been utilized in the development of PCR assays for detection of *M. leprae* in clinical specimens. Rapid molecular-type assays have been developed for detection of *M. leprae* directly from patient specimens using available genetic data.^[22]

In the present study, 67.3% cases of 165 cases as shown in Table 2 were found positive for the presence of *M. leprae* DNA in the tissue section when subjected to PCR as shown in Figure 4, among which 41.4% of 42.6% PB cases and 86.3% of 57.6% MB cases as shown in Table 5. This test showed sensitivity of 87.8% and with PPV of 95.6% and NPV of 71.2% as shown in Table 3 and graphically shown in Figure 5d.

In addition of these test SSS was also done for the 165 cases out of which 40.6% cases were found positive for the presence of *M. leprae* under the microscope as shown in Table 2. Further SSS in combination of PCR, showed 41.4% of the total PB cases and 87.3% of the total MB cases as shown in Table 7.

A widely held belief is that one should diagnose a disease first with a sensitive test and then follow up the occurrence of positive result with a specific test for best performance.^[23] The logic is that if the first test determines which patients are to undergo a second test, then the first test should be more sensitive of the two to ensure that the disease has not been missed. Somewhat surprisingly, the order in which the tests are performed does not affect the combination of sensitivity and specificity. However, it does not affect the overall cast. Hence, on the basis of extensive assessment of these tests in this study we diagnosed the patient first with FF staining (sensitivity 74.6%) followed by multiplex PCR (specificity 100%) and found that the combination of these test yields 47.1% of the total PB cases and 91.5% of the total MB cases as shown in Table 7, which is higher as compared with H and E staining (42.5% PB and 89.4% MB) and ZN staining (41.4% PB and 87.3% MB) as shown in Table 7. As also, the positive likelihood ratio (+LR) for PCR (7.376) and FF stain (2.716) is quite higher than that of H and E staining (2.244) and ZN staining (1.378) as shown in Table 3. Thus, the combination of PCR and FF staining can be considered

as better diagnostic tool than the combination of H and E, staining and ZN staining.

CONCLUSION

Based on the above discussion it may be said that in the field of laboratory-based diagnosis of leprosy cases, FF staining in combination with multiplex-PCR is much more reliable and efficient technique than any other coexisting diagnostic techniques for the early and rapid diagnosis of leprosy. However, proper assessment of leprosy cases by these techniques will enlighten the future path of reliable and easy diagnosis of leprosy specially will reinforce the leprosy elimination process.

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