## Net Letter

# Warfarin-induced calciphylaxis in a chronic hypercalcemic patient

#### Sir,

Calciphylaxis most commonly occurs in patients with end-stage renal disease under dialysis. Warfarin is a risk factor for calciphylaxis in uremic patients, but is rarely known to induce calciphylaxis in nonuremic patients. We report herein a warfarin-induced calciphylaxis in a patient with chronic hypercalcemia.

A 19-year-old male patient with history of persistent hypercalcemia of unknown cause and chronic renal insufficiency for 1 year presented himself with extensive painful necrotic ulcer over bilateral legs for 4 months [Figure 1]. Review of history showed that he received bilateral iliac vein stenting for the iliac vein compression syndrome. He then received warfarin after the stent implantation. One month after warfarin treatment, he developed progressive painful ulceration on bilateral legs within 1 week. The results of laboratory examination indicated elevated serum creatinine (2.1 mg/dL), calcium (12.9 mg/dL), normal phosphate (4 mg/dL) and decreased intact parathyroid hormone (6.32 ng/L). The findings of urine analysis were mild proteinuria and hematuria. Renal sonography was found to have bilateral renal stones and right hydronephrosis. The titre values of antinuclear antibody, rheumatoid factor, antineutrophil cytoplasmic antibody, antiphospholipid antibody and cryoglobulin were all negative. The result of immunoelectrophoresis showed no monoclonal gammopathy. As shown in Figure 2, the specimen picture of skin biopsy presented subcutaneous calcium deposits with diffuse panniculitis and fat necrosis. Figure 3 shows calcification within the media of smalland medium-sized arterioles, with extensive intimal hyperplasia and fibrosis. We suspected a warfarininduced calciphylaxis and shifted it to aspirin. The ulcerations were managed by local wound care, and gradually healed with residual scars within 5 months. At that time, all our survey for hypercalcemia only revealed a high 1,25 (OH) vitamin D3 (67 pg/mL), and



Figure 1: Widespread necrotic ulcerations over the right leg



Figure 2: Calcification within the arterioles and subcutaneous calcium deposits with panniculitis and fat necrosis (H and E, x100)



Figure 3: Circumferential medial calcific deposit in an arteriole with extensive intimal hyperplasia and fibrosis (H and E, x400)

no etiology of hypervitaminosis D could be identified. Patient's hypercalcemia was persistent and we

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educated him not to take warfarin anymore.

Except calciphylaxis, we need to consider the conditions of antiphospholipid syndrome or vasculitis in a patient with extensive necrotic ulcerations. We could exclude those diseases by adequate laboratory workup and the typical histological findings of calciphylaxis.

In non-uremic patients, primary hyperparathyroidism, malignancy and connective tissue diseases are the most commonly found underlying diseases.<sup>[1]</sup> Other possible causes in calciphylaxis include high calcium phosphate product and hypercoaguability. But, only few reports exist in the literature to describe warfarininduced calciphylaxis in non-uremic patients.<sup>[2,3]</sup> Warfarin can inhibit the activation of matrix G1A protein, which inhibits vascular calcification and reduces functional protein C levels to cause hypercoaguability.<sup>[4]</sup> Our patient had persistent hypercalcemia and was triggered by warfarin therapy. Combination of hypercalcemia and warfarin therapy can lead to calciphylaxis. To the best of our knowledge, this is the first report of warfarin-induced calciphylaxis in a non-uremic hypercalcemic patient.

Calciphylaxis is a condition with high morbidity and mortality usually due to infection. Intravenous sodium thiosulfate is a novel treatment for calciphylaxis through the probable mechanism of dissolving insoluble calcium salts in tissue into soluble calcium thiosulfate.<sup>[5]</sup> The current therapeutic trend for calciphylaxis consists of reducing calcium phosphate product, improving hypercoaguability, improving wound care, prevention of infection and using a trial of intravenous sodium thiosulfate. Avoiding warfarin in a high-risk patient and halting it in a patient with existing calciphylaxis are important.

### Yu-Chen Huang, Che-Yi Chou<sup>1</sup>, Yuh-Mou Sue<sup>2</sup>, Chun-Hong Hu

Department of Dermatology, Wan Fang Hospital, Taipei Medical University, <sup>1</sup>Department of Dermatology, Taipei Medical University Hospital, <sup>2</sup>Department of Internal Medicine, Division of Nephrology, Wan Fang Hospital, Taipei Medical University, Taipei, Taiwan

Address for correspondence: Dr. Chun-Hong Hu, Department of Dermatology, Wan Fang Hospital, No. 111, Sec. 3, Xinglong Rd., Wenshan Dist., Taipei City 116, Taiwan. E-mail: petergates38@gmail.com

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