

Serration pattern analysis as a practical adjunct tool for categorization of subepidermal autoimmune blistering diseases

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Abstract

Background: Serration pattern analysis helps in the classification of subepidermal autoimmune blistering disorders; more precisely, it helps to differentiate epidermolysis bullosa acquisita from other subepidermal autoimmune blistering disorders. Most of the published reports of this tool have come from a single center.

Objectives: The objectives of the study were to study the utility of serration pattern analysis in classifying subepidermal autoimmune blistering disorders.

Methods: Seventy five cases of subepidermal autoimmune blistering disorders were enrolled in this prospective study. A three millimeter punch biopsy was taken from the perilesional skin or mucosa for direct immunofluorescence; indirect immunofluorescence was carried out using salt-split skin. Subclassification of subepidermal autoimmune blistering disorders was done based on direct immunofluorescence, indirect immunofluorescence on salt-split skin, indirect immunofluorescence using knockout skin and serration pattern analysis findings.

Results: Indirect immunofluorescence was positive in 68 cases; 14 cases showed a dermal staining pattern while the rest showed either an epidermal or a combined pattern. All patients with epidermal or combined staining patterns showed “n” serrated pattern on direct immunofluorescence. Nine patients with dermal staining on indirect immunofluorescence also revealed an “n” serration pattern on direct immunofluorescence indicating the diagnosis of anti-p200 pemphigoid, and the rest showed a “u” serrated pattern. Three patients with negative indirect immunofluorescence showed “u” serration on direct immunofluorescence while the rest showed “n” serration.

Limitations: ELISA and immunoblotting could not be performed due to resource constraints.

Conclusion: Based on indirect immunofluorescence and serration pattern analysis, classification of the majority of patients with subepidermal autoimmune blistering disorders was possible in our study. Pattern recognition is a cost-effective tool and can be easily learnt. It is recommended to be practiced in all laboratories where facilities for advanced immunological diagnosis are unavailable.

Key words: Serration pattern, immunofluorescence, subepidermal autoimmune blistering disorders

Plain Language Summary

Subepidermal autoimmune blistering diseases are a heterogenous group of diseases characterised clinically by the presence of tense blisters with or without painful erosions in the mouth. It occurs because of the altered defence mechanism - body's defence cells which are primed to protect us, instead produces substances known as autoantibodies against the proteins present at the junction between the top layer (the ‘epidermis’) and the bottom layer (the ‘dermis’) of the skin. These proteins play an important role in maintaining the integrity of the skin. In the diseased skin, there is separation of epidermis from the dermis, resulting in a blister formation. There are at least seven well characterised clinical conditions that exhibit an overlapping feature; hence, clinicians may find it difficult to subcategorise these conditions precisely. It is very important to distinguish them

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both from therapeutic and prognostic point of view. There are few laboratory test that will come to the rescue of clinicians; some of these tests such as immunoblotting requires expertise and are not available in many places across the globe. In this study we describe a simple technique known as serrated pattern analysis. Though this technique was described in 2004 by a Dutch group, not many centres are practicing it, probably due to the presumed hurdles in the technicalities. In this report, we describe a modification of this procedure. We found this technique very useful in classifying these conditions.

Introduction

Subepidermal autoimmune blistering disorders are a heterogeneous group of diseases characterized immunopathologically by production of autoantibodies against structural components of the dermoepidermal junction.^{1,2} Seven well-characterized subepidermal autoimmune blistering disorders encountered in clinical practice are bullous pemphigoid, epidermolysis bullosa acquisita, linear IgA dermatosis, mucous membrane pemphigoid, pemphigoid gestationis, lichen planus pemphigoides and anti-p200 pemphigoid. The clinical presentation of subepidermal autoimmune blistering disorders is polymorphic and these various disorders are often difficult to distinguish on clinical grounds alone.³ A precise diagnosis is important as it has therapeutic implications. Certain subtypes of subepidermal autoimmune blistering disorders (e.g. bullous pemphigoid) are amenable to topical steroids alone, low-dose oral corticosteroids or corticosteroid-sparing agents such as dapsone.⁴ On the other hand, treatment of a few other subtypes such as epidermolysis bullosa acquisita is quite challenging and often requires high doses of prednisolone to control the disease.⁵ Hence, it is imperative to arrive at an accurate diagnosis before instituting therapy.

In 2004, Vodegel *et al.* in Groningen described a unique method of classifying these conditions based on direct immunofluorescence microscopy.⁶ They observed that epidermolysis bullosa acquisita patients showed a “u” serrated pattern (immunoglobulin deposition between the rootlets of basal keratinocytes giving a “grass-like” appearance), while

all other subgroups of patients revealed “n” serrated pattern (immune deposits along the rootlets of the basal keratinocytes) [Figure 1]. In subsequent years, they substantiated these findings and reported that this test could be employed in many other subepidermal autoimmune blistering disorders including mucous membrane pemphigoid.⁷⁻¹⁰ Recently, another group in Central Europe reported the usefulness of this technique in distinguishing epidermolysis bullosa acquisita from other pemphigoid diseases.¹¹ Apart from the work reported from these two laboratories in Europe, there is no literature about this technique from other parts of the world. In this study, we aimed to determine the utility of serration pattern analysis for classification of patients with subepidermal autoimmune blistering disorders in our tertiary care dermatology unit.

Patients and Methods

Patients

A total of 75 patients visiting the Kasturba Medical College and Hospital, Manipal, were enrolled prospectively over a period of 15 months. Subjects were included if they fulfilled the following criteria: (a) had a provisional clinical diagnosis of subepidermal autoimmune blistering disorders, (b) consented to undergo a perilesional biopsy for direct immunofluorescence and (c) consented to a blood draw for indirect immunofluorescence. Patients provisionally diagnosed with subepidermal autoimmune blistering disorders but who underwent only one of the tests (direct immunofluorescence or indirect immunofluorescence) were excluded from the study. Patient demographics and clinical information were recorded in a predesigned proforma. The Institutional Ethical Committee approved the study (IEC/583/2017) and written informed consent was obtained from all the study participants.

Sample collection

A three millimeter punch biopsy was obtained from the perilesional skin ($n = 70$) or mucosa ($n = 5$) under local infiltrative anesthesia (lignocaine 2% with adrenaline). Fifty six specimens were sent to the laboratory in normal saline. Biopsies that could not be transported to the laboratory within 24 h were stored in Michel's medium ($n = 19$). In addition, five milliliters of blood were obtained from each participant in plain Vacutainer and the serum separated. Serum was stored in a deep freezer at -80°C until further use.

Direct immunofluorescence

The biopsy specimens were washed in phosphate-buffered saline in a rotator at 4°C in a refrigerator for 12 h. The specimens were then oriented and embedded in optimal cutting temperature compound (Cryomatrix, Thermo Fisher Scientific, Waltham, USA). The blocks were next snap frozen in liquid nitrogen.

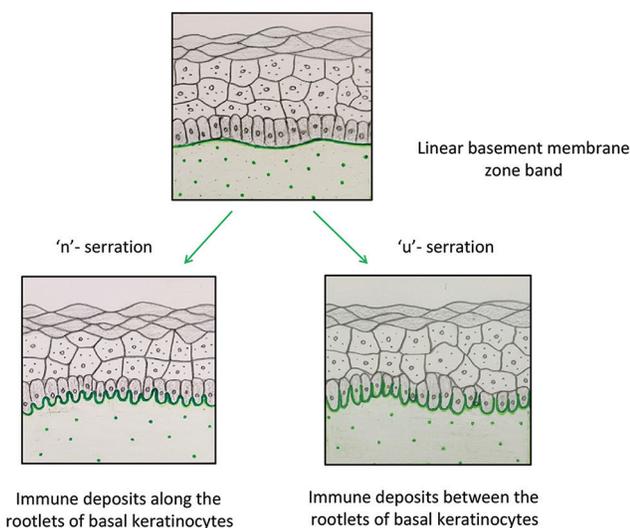


Figure 1: Schematic diagram depicting the 'n' and 'u' serration patterns in subepidermal autoimmune blistering diseases

Frozen sections of six micrometer thickness were taken on polytetrafluoroethylene (PTFE) coated glass slides (Hendley, Essex, UK); the polytetrafluoroethylene coating acts as a liquid blocker and prevents cross-contamination of wells. The slides were washed with phosphate-buffered saline for ten minutes and fan dried. The frozen sections were then stained with fluorescein isothiocyanate labeled antibodies with specificities against IgG, IgM, IgA, C3 and fibrinogen (DAKO, Glostrup) at appropriate dilution as per standard department protocol (IgG and fibrinogen in 1:400 dilution while the others with 1:200 dilution). The slides were then incubated at room temperature in a moist chamber. At the end of 60 min, the slides were washed with phosphate-buffered saline for 30 min (three washes of ten minutes each) and fan dried. These were then mounted in buffered glycerol and examined under a fluorescence microscope (Zeiss Axioimager, Oberkochen). The slides were read at $\times 10$, $\times 20$, $\times 40$ and $\times 100$ (oil immersion) objectives.

Observers

The two observers (RR and SA) were blinded to the clinical diagnosis and reported the serration pattern independently at two different sittings to eliminate bias. Both the observers enrolled themselves for the online course on serration pattern at <http://www.nversusu.umcg.nl/> and made themselves familiar with the pattern analysis.

Indirect immunofluorescence on salt-split skin

Normal human skin was incubated overnight with one molar sodium chloride at room temperature. The normal human skin was then gently teased with a blunt forceps to separate the epidermis from dermis at the level of the lamina lucida. Subsequently, six micrometers frozen section of this substrate was obtained as described above and incubated with the patient's serum (diluted 1:10 in phosphate-buffered saline) for one hour in a moist chamber at room temperature. The sections were washed with phosphate-buffered saline for ten minutes, fan dried and incubated with fluorescein isothiocyanate labeled anti-human IgG and IgA antibodies (diluted 1:100 in phosphate-buffered saline) for one hour in a moist chamber. The sections were then washed in phosphate-buffered saline, fan dried, mounted in buffered glycerol and examined under a fluorescence microscope.

Indirect immunofluorescence using knock-out skin

Sera that showed a dermal staining pattern on indirect immunofluorescence-salt-split skin were further studied on hereditary epidermolysis bullosa skin lacking Type VII collagen (recessive dystrophic epidermolysis bullosa/RDEB) and laminin 332 (severe, generalized junctional epidermolysis bullosa) by a modified indirect immunofluorescence technique as described previously.¹²

Data analysis

Data were entered and analyzed using the Statistical Package for the Social Sciences (Statistical Package for the Social Sciences Inc. Released 2006. Statistical Package for the Social Sciences for Windows, Version 15.0. Chicago). Quantitative

data have been summarized as percentages and proportions. Descriptive statistics were used; mean \pm standard deviation was used as a summary statistic for continuous variables. Chi-square test was employed for univariate analysis of categorical variables and Fisher's exact test was reported when appropriate. All tests were two tailed and $P < 0.05$ was considered to be statistically significant.

Results

Patient demographics and clinical information

The age of the patients ranged from five to 84 years (mean age, 55.75 ± 17.69 years). Thirty two (42.7%) patients were above the age of 60 years. There were 42 females (56%) and 33 males (44%). Based on history and clinical examination, a provisional diagnosis of bullous pemphigoid was made in 46 (61.3%) patients. Clinical diagnosis of mucous membrane pemphigoid (five patients), epidermolysis bullosa acquisita (five patients), lichen planus pemphigoides (four patients) and linear IgA dermatosis (two patients) were made in 16 others. A precise clinical diagnosis could not be made in 13 (17.3 %) patients and a differential diagnosis of various subepidermal autoimmune blistering disorders (bullous pemphigoid, epidermolysis bullosa acquisita or linear IgA dermatosis) was considered for them. Four patients of lichen planus pemphigoides showed typical lesions of lichen planus; one patient with bullous pemphigoid had associated psoriasis.

Direct immunofluorescence

Direct immunofluorescence microscopy revealed linear staining of the basement membrane zone (BMZ) in all 75 patients. Fifty three biopsy specimens revealed a combination of IgG and C3; 12 specimens showed basement membrane zone deposition with three or more immunoreactants (IgG, C3, IgA, IgM or fibrinogen). The basement membrane zone stained with a single immunoreactant in ten specimens (seven showed either IgG or C3 staining alone and three showed IgA alone).

Indirect immunofluorescence

Circulating autoantibodies were detected by the indirect immunofluorescence-salt-split skin technique in 68 patients (91.3%). An epidermal ("roof") staining pattern was detected in 49 patients (65.3%) while a combined (epidermal and dermal) pattern was observed in five patients (6.7%). Fourteen patients (18.7%) showed an exclusive dermal ("floor") staining pattern.

Serration pattern analysis

Using direct immunofluorescence microscopy and a $\times 100$ objective under oil immersion, we could discern either "n" or "u" serrated patterns in all 75 specimens. Sixty seven patients showed an "n" serrated pattern while eight patients showed a "u" serrated pattern. The relationship between indirect immunofluorescence results and serration pattern is depicted in Table 1. All patients who showed epidermal or combined patterns ($n = 54$) on indirect immunofluorescence revealed the "n" serrated pattern on direct immunofluorescence [Figure 2]. Nine out of the 14 patients (64.3%) who showed dermal staining on indirect immunofluorescence microscopy also revealed an

Table 1: Relationship between indirect immunofluorescence pattern and serration pattern analysis for subepidermal autoimmune blistering disorders (n=75)

Serration pattern*	Indirect immunofluorescence				Total
	Roof n (%)	Roof and Floor n (%)	Floor n (%)	Negative n (%)	
“n” serrated	49 (100)	5 (100)	9 (64.3)	4 (57.1)	67
“u” serrated	0	0	5 (35.7)	3 (42.9)	8
Total	49	5	14	7	75

* $P < 0.001$ by Fisher's exact test

“n” serrated pattern while the remaining five patients showed a “u” serrated pattern [Table 2]. Indirect immunofluorescence was negative in seven patients [Table 3]; three of these showed the “u” serrated pattern while the remaining patients showed “n” serration on direct immunofluorescence. The association between the indirect immunofluorescence pattern and the serration pattern with direct immunofluorescence for subepidermal autoimmune blistering disorders was found to be statistically significant ($P < 0.01$) by Fisher's exact test with 100% sensitivity of the “n” serrated pattern for roof staining on indirect immunofluorescence.

We did not observe any differences between biopsy specimens transported in normal saline and Michel's medium with respect to serrated pattern recognition.

Indirect immunofluorescence using knock-out skin

Indirect immunofluorescence using knock-out epidermolysis bullosa skin was carried out with the sera of 14 patients who demonstrated dermal staining [Figures 3 and 4]. Cases which showed basement membrane zone staining with laminin 332 knock-out skin but not in the Type VII collagen-deficient skin were labeled as epidermolysis bullosa acquisita. Basement membrane zone staining in recessive dystrophic epidermolysis bullosa skin was absent in five sera; it was positive in all 14 patients in skin deficient in laminin 332 [Table 2], thus confirming the diagnosis of epidermolysis bullosa acquisita.

Clinicoimmunopathological correlation

Using a combination of direct immunofluorescence, indirect immunofluorescence on salt-split skin and indirect immunofluorescence on knock-out epidermolysis bullosa skin, we could precisely subcategorize 73 out of 75 subepidermal autoimmune blistering disorders in our patients. Table 4 shows the final diagnosis based on the laboratory parameters. The concordance between the clinical and final diagnosis in patients with bullous pemphigoid was 82.6% (38/46). In the remaining eight patients, a diagnosis of anti-p200 pemphigoid was made in six patients (dermal staining on indirect immunofluorescence and “n” serrated pattern on direct immunofluorescence) and epidermolysis bullosa acquisita in two patients (dermal staining pattern and “u” serrated pattern on direct immunofluorescence). A concordance rate of 100% was observed among patients with mucous membrane pemphigoid and lichen planus pemphigoides (“n” serration on direct immunofluorescence and a positive

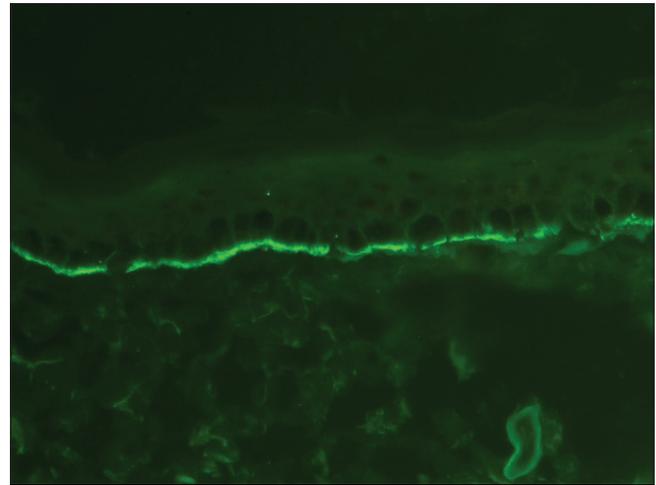


Figure 2a: Direct immunofluorescence microscopy of perilesional skin from a patient with bullous pemphigoid showing linear deposition of C3 along the basement membrane zone (fluorescein isothiocyanate, $\times 400$)

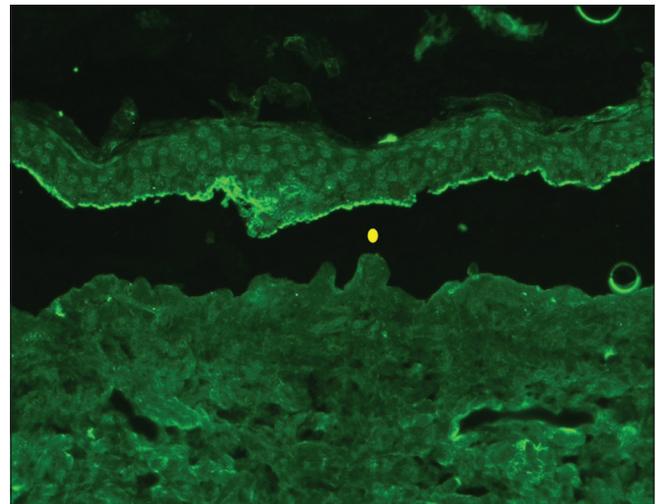


Figure 2b: Indirect immunofluorescence using salt split skin substrate showing linear IgG deposition on the epidermal side of the split in a patient with bullous pemphigoid (yellow circle indicating the level of split) (fluorescein isothiocyanate, $\times 200$)

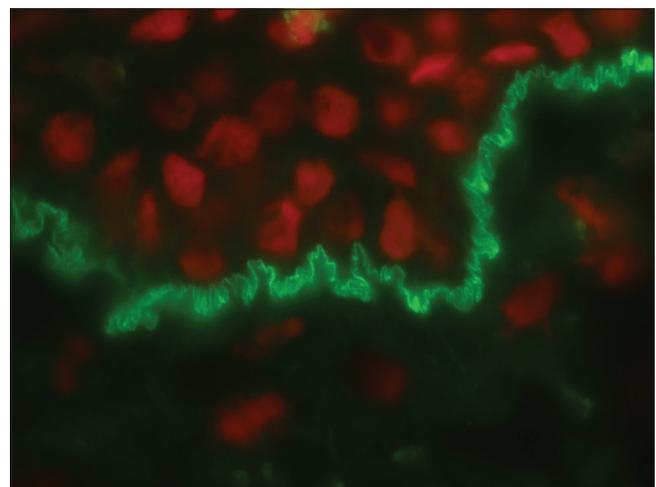


Figure 2c: Direct immunofluorescence microscopy of perilesional skin showing “n” serrated pattern in a patient with bullous pemphigoid (fluorescein isothiocyanate, $\times 1000$ under oil immersion)

Table 2: Clinical and immunological characteristics of patients with a “floor” staining pattern on indirect immunofluorescence (n=14)

S. No.	Age	Sex	Generalized vesicles and bullae	Acral lesions	Mucosal involvement	Phenotype	DIF	Serration pattern	BMZ staining in Type VII collagen-deficient skin	BMZ staining in Lam 332 deficient skin	Final diagnosis
1.	14	F	Yes	Yes	Yes	Mechanobullous	IgG, C3	u	Absent	Present	EBA
2.	49	M	Yes	Yes	Yes	Mechanobullous	IgG, C3	u	Absent	Present	EBA
3.	12	F	Yes	Yes	No	Inflammatory	IgG, C3	u	Absent	Present	EBA
4.	52	M	Yes	No	No	Inflammatory	IgG, C3	u	Absent	Present	EBA
5.	5	M	Yes	No	Yes	Inflammatory	IgG, C3	n	Present	Present	Anti-p-200 pemphigoid
6.	75	M	Yes	No	Yes	Inflammatory	IgG, C3	n	Present	Present	Anti-p-200 pemphigoid
7.	65	F	Yes	No	No	Inflammatory	IgG, C3, IgA	n	Present	Present	Anti-p-200 pemphigoid
8.	62	F	Yes	No	Yes	Mechanobullous	IgG, C3	u	Absent	Present	EBA
9.	58	M	Yes	No	Yes	Inflammatory	IgG, C3	n	Present	Present	Anti-p-200 pemphigoid
10.	56	M	No	Yes	Yes	Inflammatory	IgG, C3, IgA	n	Present	Present	Anti-p-200 pemphigoid
11.	60	F	Yes	No	No	Inflammatory	C3, IgA	n	Present	Present	Anti-p-200 pemphigoid
12.	55	F	Y	No	Yes	Inflammatory	IgG, C3	n	Present	Present	Anti-p-200 pemphigoid
13.	84	F	Y	No	No	Inflammatory	C3	n	Present	Present	Anti-p-200 pemphigoid
14.	28	F	Y	No	No	Inflammatory	IgG, C3	n	Present	Present	Anti-p-200 pemphigoid

M: Male, F: Female, DIF: Direct immunofluorescence, BMZ: Basement membrane zone, EBA: Epidermolysis bullosa acquisita

Table 3: Clinical and immunological characteristics of patients with negative indirect immunofluorescence (n=7)

S. No.	Age	Sex	Distribution	Acral lesions	Mucosal involvement	Clinical diagnosis	DIF	Serration pattern analysis	Final diagnosis
1.	47	Female	Localized	No	No	Subepidermal autoimmune blistering disorders	IgG, C3	n	Bullous pemphigoid/anti-p200 pemphigoid
2.	67	Male	Oral	No	Yes	Mucous membrane pemphigoid	IgG, C3	n	Mucous membrane pemphigoid
3.	61	Female	Generalized	No	No	Epidermolysis bullosa acquisita	IgG, C3, IgA, IgM	n	Bullous pemphigoid/anti-p200 pemphigoid
4.	61	Female	Localized	No	No	Subepidermal autoimmune blistering disorders	IgA	u	IgA epidermolysis bullosa acquisita
5.	13	Male	Generalized	No	Yes	Subepidermal autoimmune blistering disorders	IgG, C3, IgA	u	Epidermolysis bullosa acquisita
6.	51	Male	Generalized	No	Yes	Lichen planus pemphigoides	IgG, C3	n	Lichen planus pemphigoides
7.	20	Female	Generalized	No	No	Bullous pemphigoid	IgG, C3, IgA	u	Epidermolysis bullosa acquisita

epidermal staining on indirect immunofluorescence). On the other hand, concordance between clinical and immunological diagnosis was 40% (2/5) in epidermolysis bullosa acquisita. A revised diagnosis of bullous pemphigoid was made in two patients (epidermal staining on indirect immunofluorescence and “n” serration on direct immunofluorescence) and anti-p200 pemphigoid in one patient (dermal staining on indirect immunofluorescence but “n” serration on direct

immunofluorescence). Among 13 patients who had more than one possible clinical diagnosis, immunological tests (direct immunofluorescence, indirect immunofluorescence, indirect immunofluorescence on knock-out skin and serration pattern analysis) confirmed the diagnosis of bullous pemphigoid in six, epidermolysis bullosa acquisita in three, anti-p200 pemphigoid in two and linear IgA dermatosis in one patient. One patient with a clinical diagnosis of subepidermal

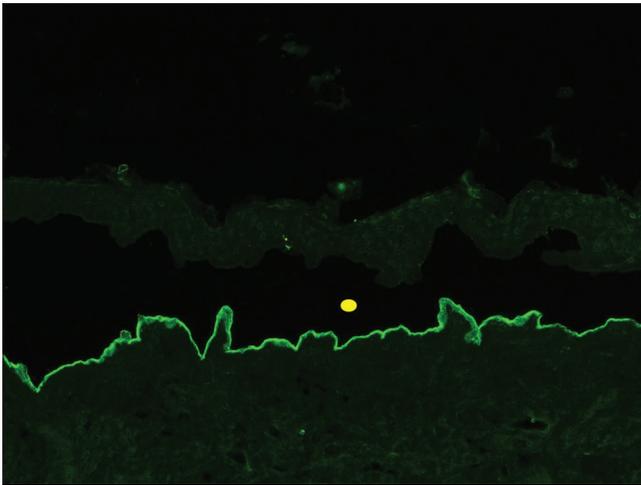


Figure 3a: Indirect immunofluorescence using salt split skin substrate and serum of a patient with anti-p200 pemphigoid showing linear IgG deposition on the dermal side of the split (yellow circle indicating the level of split) (fluorescein isothiocyanate, ×200)

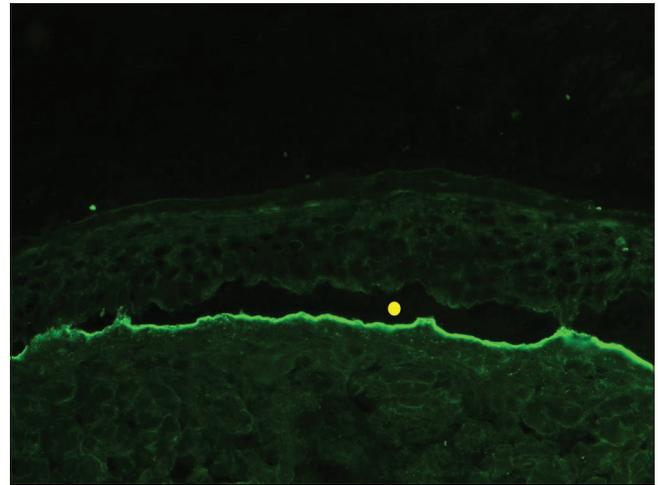


Figure 4a: Indirect immunofluorescence using salt split skin substrate and serum of a patient with epidermolysis bullosa acquisita showing linear IgG deposition on the dermal side of the split (yellow circle indicating the level of split) (fluorescein isothiocyanate, ×200)

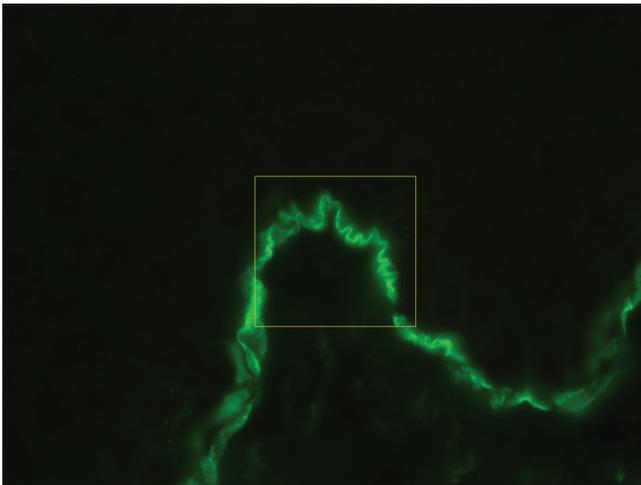


Figure 3b: Direct immunofluorescence microscopy of perilesional skin showing “n” serrated pattern in a patient with anti-p200 pemphigoid (fluorescein isothiocyanate, ×1000 under oil immersion)

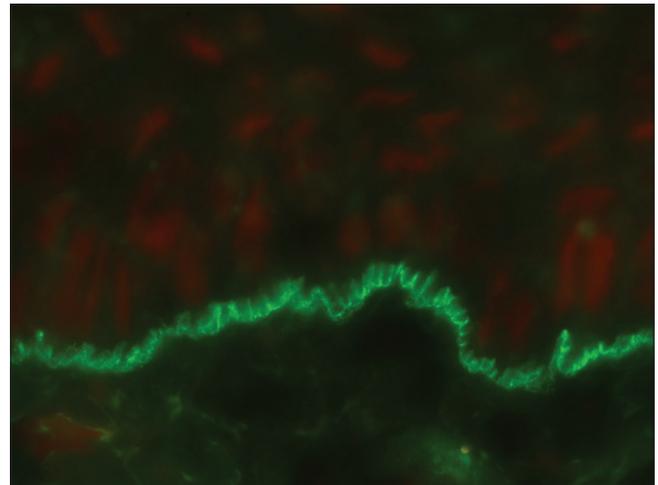


Figure 4b: Direct immunofluorescence microscopy of perilesional skin showing “u” serrated pattern in a patient with epidermolysis bullosa acquisita (fluorescein isothiocyanate, ×1000 under oil immersion)

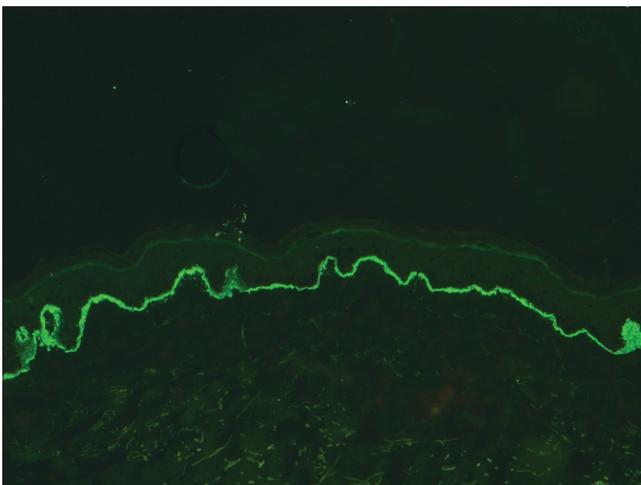


Figure 3c: Indirect immunofluorescence microscopy using recessive dystrophic epidermolysis bullosa skin lacking Type VII collagen and serum of anti-p-200 pemphigoid showing linear staining of basement membrane zone (fluorescein isothiocyanate, ×200)

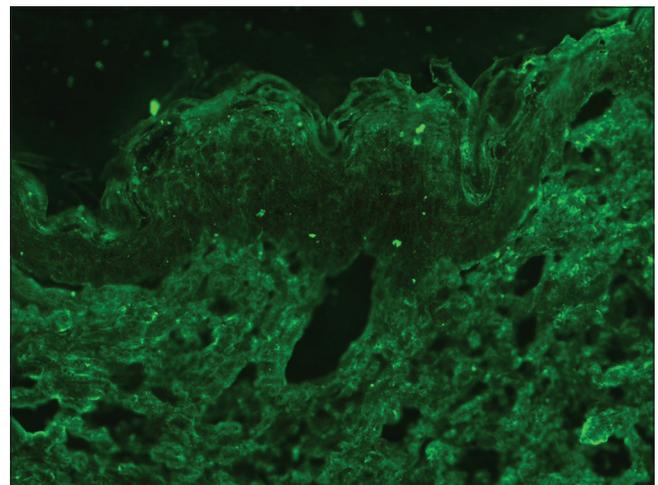


Figure 4c: Indirect immunofluorescence microscopy using recessive dystrophic epidermolysis bullosa skin lacking Type VII collagen and serum of epidermolysis bullosa acquisita showing absence of staining at basement membrane zone (fluorescein isothiocyanate, ×200)

autoimmune bullous disease was tested negative with indirect immunofluorescence but showed “n” serrated pattern on direct immunofluorescence; hence, we could not distinguish bullous pemphigoid from anti-p200 pemphigoid in this patient.

Circulating antibodies could not be detected in seven patients. Three of them showed a “u” serrated pattern on direct immunofluorescence, thus indicating the diagnosis of epidermolysis bullosa acquisita. One among these showed linear IgA staining on direct immunofluorescence microscopy and “u” serration, pointing to a diagnosis of IgA epidermolysis bullosa acquisita. Among patients in this group who showed “n” serrated pattern ($n = 4$), one patient each was suffering from lichen planus pemphigoides and mucous membrane pemphigoid. Although the possibility of epidermolysis bullosa acquisita was ruled out in the two other patients with negative indirect immunofluorescence, we could not distinguish anti-p200 pemphigoid from bullous pemphigoid as both patients revealed “n” serrated pattern.

Thus, overall bullous pemphigoid emerged as the commonest subepidermal autoimmune blistering disorder in this study with 45 patients followed by anti-p200 pemphigoid (nine patients) and epidermolysis bullosa acquisita (eight patients). The average age of patients with bullous pemphigoid was 60 years while that of those with anti-p200 pemphigoid was 54 years and epidermolysis bullosa acquisita was 35.4 years.

None of the patients had been suspected to have anti-p200 pemphigoid clinically [Table 4]. Seven patients with anti-p200 pemphigoid had generalized lesions; mucosal lesions were detected in five. However, only one patient had acral lesions involving palms and soles. None had associated psoriasis.

Discussion

Direct immunofluorescence microscopy remains the gold standard test to demonstrate autoantibodies that are bound to antigens at the dermoepidermal junction in patients with subepidermal autoimmune blistering disorders.³ It

characteristically shows the presence of linear IgG, C3 or IgA deposition at the level of the basement membrane zone. Although direct immunofluorescence findings confirm the diagnosis of subepidermal autoimmune blistering disorders, it cannot be used as a standalone test for their subclassification.³ In 1984, Gammon *et al.* described a simple and reliable indirect immunofluorescence technique using the patient’s serum and artificially split skin as a substrate; they subcategorized subepidermal autoimmune blistering disorders into “epidermal binding” and “dermal binding” groups.¹³ While epidermal (“roof”) staining is highly specific for bullous pemphigoid, dermal staining is not specific for any single disease.¹⁴ It can be seen in epidermolysis bullosa acquisita, anti-p200 pemphigoid and anti-laminin 332 type of mucous membrane pemphigoid.^{15,16} Another diagnostic pitfall in the latter subgroup is that circulating autoantibodies may not always be detectable by indirect immunofluorescence. The previous studies have reported a negative indirect immunofluorescence in about 53% of epidermolysis bullosa acquisita patients and 20–50% of patients with mucous membrane pemphigoid.^{10,17,18} Hence, additional investigations such as ELISA, immunoblotting and immunoprecipitation may be required; however, these tests are performed only in certain research laboratories around the world and may not be accessible to the treating physician.⁸ Serration pattern analysis of direct immunofluorescence on biopsy samples may be a useful tool in such circumstances as it can be performed in any diagnostic laboratory which has a facility for direct immunofluorescence microscopy.

In this study, we could identify the serration pattern on direct immunofluorescence microscopy in all 75 patients. Even though this technique was described more than a decade ago, it has not found a place in routine diagnostic algorithms across the world, perhaps due to presumed technical hurdles. Vodegel *et al.* and Terra *et al.* reported the need for thinner frozen sections (four micrometers) and higher magnification of $\times 40$ to obtain the optimum result.^{6,9} Meijer *et al.* in a recent report documented that serration can be appreciated even in six micrometers sections using a $\times 60$ objective.¹¹ We too could visualize the serration pattern in six micrometers sections; however, serration could not be clearly demonstrated using a $\times 40$ objective. Since our microscope was not equipped with a $\times 60$ objective, we used the $\times 100$ objective. Software to enhance the image quality reported in a previous study was not utilized in the current study.⁹

Together bullous pemphigoid, anti-p200 pemphigoid and epidermolysis bullosa acquisita accounted for 82.7% of the subepidermal autoimmune blistering disorders in the present study. Bullous pemphigoid characteristically shows an epidermal staining pattern on indirect immunofluorescence while the latter two diseases show a dermal staining pattern.

Anti-p200 pemphigoid was diagnosed in 64.3% of the cases with “dermal binding” subepidermal autoimmune blistering disorders in the present study. This is in line with Lau *et al.* who reported that 78.7% of dermal binding subepidermal autoimmune blistering disorders were anti-p200 pemphigoid.¹⁹

Table 4: Correlation between initial clinical diagnosis with revised diagnosis after immunological tests ($n=75$)

Clinical diagnosis	Revised diagnosis						
	BP	EBA	LAD	LPP	MMP	P-200	BP/P200
BP							
BP (46)	38	2	0	0	0	6	0
EBA (5)	1	2	0	0	0	1	1
LAD (2)	0	1	1	0	0	0	0
MMP (5)	0	0	0	0	5	0	0
LPP (4)	0	0	0	4	0	0	0
Subepidermal autoimmune blistering disorders (13)	6	3	1	0	0	2	1
Total	45	8	2	4	5	9	2

MMP: Mucous membrane pemphigoid, EBA: Epidermolysis bullosa acquisita, LPP: Lichen planus pemphigoides, BP: Bullous pemphigoid, LAD: Linear IgA disease, P200: Anti-P200 pemphigoid

Diagnosis of anti-p200 pemphigoid was made in our study by excluding epidermolysis bullosa acquisita only. Immunoblotting might have confirmed the presence of antibodies against the p-200 protein in these patients; alternatively, it might have shown reactivity against other cross-reacting proteins at the basement membrane zone. Due to resource constraints, the study results could not be correlated with advanced immunological tests such as ELISA and immunoblotting, and this is a limitation in our study. Although immunoblotting is required for the final diagnosis of anti-p200 pemphigoid, this technique is currently available only in a few research laboratories. In such a scenario, a combination of indirect immunofluorescence and serration pattern analysis may be a useful alternative.

Anti-p200 pemphigoid is clinically indistinguishable from bullous pemphigoid, linear IgA dermatosis and the inflammatory variant of epidermolysis bullosa acquisita.^{20,21} It affects a relatively younger population compared to bullous pemphigoid which concurs with the present study findings.²² Psoriasis has been reported to coexist in about one-third of anti-p200 pemphigoid cases in a Japanese study; however, this finding has not been substantiated in Caucasians.^{15,22} Acral blistering resembling dyshidrosiform lesions are highly suggestive of anti-p200 pemphigoid; however, it was observed only in one patient in the present study. Although not a predominant feature, mucosal involvement may be found in 20–50% of these patients.^{14,20} Oral mucosal involvement was seen in 55.5% (five out of nine) of patients in the present study. None of our patients showed signs of scarring or milia formation. In general, anti-p200 pemphigoid has a benign course compared to bullous pemphigoid and epidermolysis bullosa acquisita.²⁰

Two major types of presentation of epidermolysis bullosa acquisita are mechanobullous and inflammatory form (resembling bullous pemphigoid or other subepidermal autoimmune blistering disorders); the latter accounts for two-thirds of epidermolysis bullosa acquisita cases.^{7,22} A majority of the cases ($n = 5$) in the present study had the inflammatory phenotype. Autoantibodies in epidermolysis bullosa acquisita are directed against Type VII collagen present in the sublamina densa region; hence, indirect immunofluorescence on salt-split skin shows a “dermal” staining pattern.²³ However, in more than half of the patients with epidermolysis bullosa acquisita, circulating antibodies cannot be detected by indirect immunofluorescence.²⁴ In the current study, circulating antibodies could not be detected by indirect immunofluorescence in 37.5% of epidermolysis bullosa acquisita (three out of eight). In such cases, detection of antibodies against Type VII collagen by ELISA may be employed, but the sensitivity of ELISA too is only 23% in the indirect immunofluorescence negative subset. Thus, a “u” serration pattern on direct immunofluorescence microscopy may be considered the gold standard for the diagnosis of epidermolysis bullosa acquisita.¹⁰ Buijsrogge *et al.* observed that serration pattern analysis by direct immunofluorescence microscopy identified almost three times more epidermolysis bullosa acquisita patients who would have most likely been

undetected because of their clinical resemblance to other pemphigoid diseases, together with negative serology.⁷

Conclusion

To conclude, all clinicians should make every attempt to classify subepidermal autoimmune blistering disorders as it has therapeutic and prognostic implications. A definite diagnosis could be offered to a majority of the patients in the present study using a combination of indirect immunofluorescence and serration pattern analysis so that appropriate clinical management could be instituted. Serration pattern analysis can be done using the same biopsy specimens at no extra cost either to the patient or laboratory. The technique is also fairly simple and can be mastered with ease. Therefore, inclusion of serration pattern analysis in the diagnostic armamentarium of subepidermal autoimmune blistering disorders is strongly recommended.

Declaration of patient consent

Institutional Review Board (IRB) permission obtained for the study.

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Conflicts of interest

There are no conflicts of interest

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