

Association of type 2 lepra reaction with filariasis and malaria

Sir,

Type 2 lepra reaction (T2R) is a Gell and Coomb's type 3 hypersensitivity reaction characterized by high grade fever, erythema nodosum leprosum, arthralgia, myalgia, uveitis, orchitis, neuritis and various other complications due to deposition of immune complexes in blood vessels all over the body.[1] It has been postulated that type 2 lepra reactions can be precipitated by various physical and mental stressors, infections, pregnancy, lactation, vaccination, drugs, etc., Even though mentioned by most text books, there are very few studies showing an association between infections and type 2 lepra reaction. The various infections probably precipitating this reaction reported till date are filariasis,[2] human immunodeficiency virus infections[3] and chromoblastomycosis.[4] Our area is endemic for leprosy, malaria as well as filariasis and all the three infections can present with high grade fever during their course. So we undertook a study to evaluate the presence of filarial and malarial infections in patients of leprosy with type 2 lepra reactions and assessed whether a significant association occurs between these infections.

Our study was a cross-sectional study that included patients of leprosy presenting with type 2 lepra reactions while controls were cases of leprosy without reaction. Type 2 lepra reaction was diagnosed in cases of leprosy presenting with high grade fever and lesions of erythema nodosum leprosum with/without arthralgia, myalgia, neuritis, orchitis, iridocyclitis, periostitis and neutrophilia. Filariasis was diagnosed using filarial dipstick enzyme-linked immunosorbent assay (ELISA) for WBSX1 antigen. This test has a sensitivity of 99-100% and specificity of 95%. [5] Malaria was diagnosed by means of microscopic examination for the malaria parasite using both thick and thin smears of peripheral blood.

Out of 48 cases investigated for filaria using filarial dipstick ELISA, 6 (12.5%) patients tested positive.

Among the 18 patients in the control group, the test was positive in 2 (11.1%) cases. The difference was not statistically significant (P=0.878) [Table 1]. Sixty cases were examined for malaria parasite and 3 (5%) were found to be positive while 1 (3.2%) out of 31 patients in the control group was positive. This difference was again statistically non-significant (P=0.696) [Table 2]. The filarial dipstick ELISA was not done on all the patients because not all of them could afford it.

Malaria and filariasis are frequently found in our region. Although leprosy has been eliminated in most states of India, there are still many endemic districts where prevalence is >1/10000 population and Varanasi is one of the districts endemic for leprosy.

We were unable to find any previous study regarding an association of filariasis and malaria with type 2 lepra reactions. The earliest description of an infection precipitating type 2 lepra reaction was a case series by Nigam *et al.* of five patients in whom filarial infection precipitated the reaction. [2] However, we found no statistically significant association between type 2 lepra reaction and filariasis and malaria.

Table 1: Filarial dipstick ELISA: Cases vs. controls

Filarial dipstick ELISA	Cases		Controls	
	No	%	No	%
Negative	42	87.5	16	88.9
Positive	6	12.5	2	11.1
Total	48	100	18	100

χ²(chi-square)=0.024, P=0.878, ELISA= Enzyme-linked immunosorbent assay

Table 2: Microscopy for malaria parasite: Cases vs. controls

Microscopy for malaria parasite	Cases		Controls	
	No	%	No	%
Negative	57	95	30	96.8
Positive	3	5	1	3.2
Total	60	100	31	100
γ^2 (chi-square)=0 153 P =	0 696			

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