

Isolated discoid lupus erythematosus of the lower eyelid



Figure 1: Erythematous indurated plaque with adherent scales abutting the lower eyelid with associated loss of eyelashes

A 35-year-old woman presented with a 2-year history of a plaque on her left lower eyelid. Examination revealed an erythematous plaque measuring 2 cm × 1 cm with adherent scales associated with loss of eyelashes [Figure 1]. There were no lesions elsewhere. A skin biopsy was consistent with discoid lupus erythematosus (DLE). Antinuclear antibodies were negative. She was treated with a mid-potent topical steroid and photoprotection.

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Quick Response Code:	Website: www.ijdvl.com
	DOI: 10.4103/0378-6323.171637

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How to cite this article: Parmar NV, Parsad D, Saikia UN. Isolated discoid lupus erythematosus of the lower eyelid. *Indian J Dermatol Venereol Leprol* 2016;82:527-8.

Received: February, 2015. **Accepted:** April, 2015.

Eyelid involvement in discoid lupus erythematosus can present as chronic blepharitis, erythematous plaques, or chronic eyelid edema. If left untreated, complications such as trichiasis, ectropion, entropion, madarosis and epiphora may occur.

Financial support and sponsorship

Nil.

Conflicts of interest

There are no conflicts of interest.

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