

Primary extramammary Paget's disease with extensive skeletal metastases

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ABSTRACT

Extramammary Paget's disease (EMPD) is an uncommon malignancy that is most commonly seen in the vulval area in postmenopausal women. Pruritus is the predominant symptom. The clinical presentation can be so nonspecific that it can be misdiagnosed as an inflammatory or infective condition. We report an elderly male patient with EMPD over the pubic area, which remained asymptomatic for 5 years; he presented with severe low backache of 5 months' duration. Skin biopsy and immunohistochemistry showed the typical epidermal changes and deep dermal invasion. Positron emission tomography scan revealed involvement of regional lymph nodes as well as extensive skeletal metastases.

Key words: Extramammary Paget's disease, skeletal metastases, cutaneous malignancy

INTRODUCTION

Extramammary Paget's disease (EMPD) was originally described by Crocker in 1989 in a male patient in whom there was involvement of the scrotum and penis.^[1] It is a rare cutaneous malignancy, occurring in sites rich in apocrine glands. EMPD presents as a pruritic, slowly spreading, erythematous, eczematoid plaque. The precise pathogenesis and cell of origin of EMPD remains controversial. Apocrine and eccrine ductal and glandular cells, pluripotent keratinocyte stem cells, and Toker cells have all been considered as possible cells of origin of EMPD.^[2,3] Based on the pathogenic mechanisms, EMPD is classified as primary (intraepidermal) or secondary. Patients with primary EMPD carry a better prognosis.^[4] Factors such as dermal invasion, presence of nodules in the skin, and lymph node metastasis are associated with poor

prognosis. We report a patient of EMPD with dermal invasion and extensive skeletal metastases.

CASE REPORT

A 60-year-old male presented with severe backache since 5 months. Since the last 5 years he had an asymptomatic, slowly progressing, ill-defined, hypopigmented patch involving the pubic area and dorsal aspect of the root of the penis. He had also developed an asymptomatic, irregular, beefy-red erosion over the left side of the pubic area since 2 years [Figure 1]. This erosion had developed over the preexisting hypopigmented patch. The margin around the erosion was indurated and firm. A few comedo-like plugs were present over the hypopigmented patch. The inguinal lymph nodes were not enlarged. He denied history of any genitourinary or lower gastrointestinal tract symptoms. The clinical differential diagnoses considered were Bowen's disease, basal cell carcinoma, and lupus vulgaris.

Punch biopsies were obtained from the beefy-red erosion and from the indurated area. The hematoxylin and eosin-stained sections from the beefy-red erosion showed scattered large cells with vesicular nuclei having nucleoli and a broad rim of clear cytoplasm

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infiltrating through the entire thickness of the epidermis [Figure 2a]. Some of the cells had an eccentric nucleus, giving a 'signet ring' appearance [Figure 2b]. The indurated area showed numerous atypical cells with prominent nuclei, arranged in a linear cord in an 'Indian-file' pattern between the collagen bundles of

the reticular dermis [Figure 2c]. Periodic acid Schiff (PAS) stain and carcinoembryonic antigen (CEA) immune stain showed strong cytoplasmic positivity in the infiltrating cells [Figures 3a and 3b]. These cells also demonstrated strong cytoplasmic positivity for cytokeratin-7 (CK-7) and gross cystic disease fluid protein-15 (GCDFP-15) and were negative for cytokeratin-20 (CK-20) [Figures 4a-c].

Whole-body positron emission tomography (PET) scan using ¹⁸F fluorodeoxyglucose (FDG) demonstrated mild uptake at the skin lesion and also the involvement of bilateral inguinal lymph nodes and external iliac nodes. Foci of FDG-avid hypercatabolic spots were seen in almost all the vertebrae, sternum, ribs, pelvic girdles, and the proximal humeri and femora [Figures 5a and 5b].

Based on the long history, clinical examination, routine histopathology findings, and immunohistochemistry, the diagnosis of primary EMPD was made. FDG-PET scan confirmed nodal and skeletal metastases. In view



Figure 1: Hypopigmented patch and beefy-red erosion over the pubic area

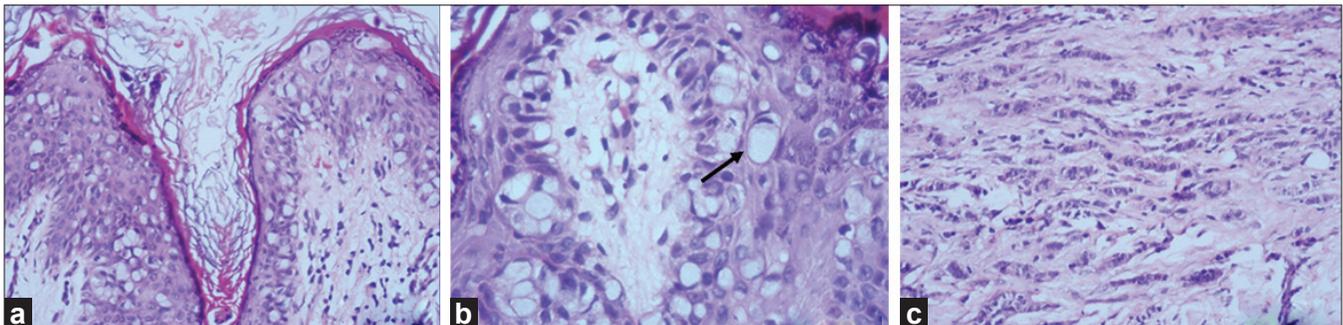


Figure 2: (a) Low-power view showing intraepidermal Paget cells (H and E, x100); (b) high-power view with signet-ring cells (arrow) (H and E, x400); (c) linear cords of tumor cells in an 'Indian-file' pattern in the reticular dermis (H and E, x100)

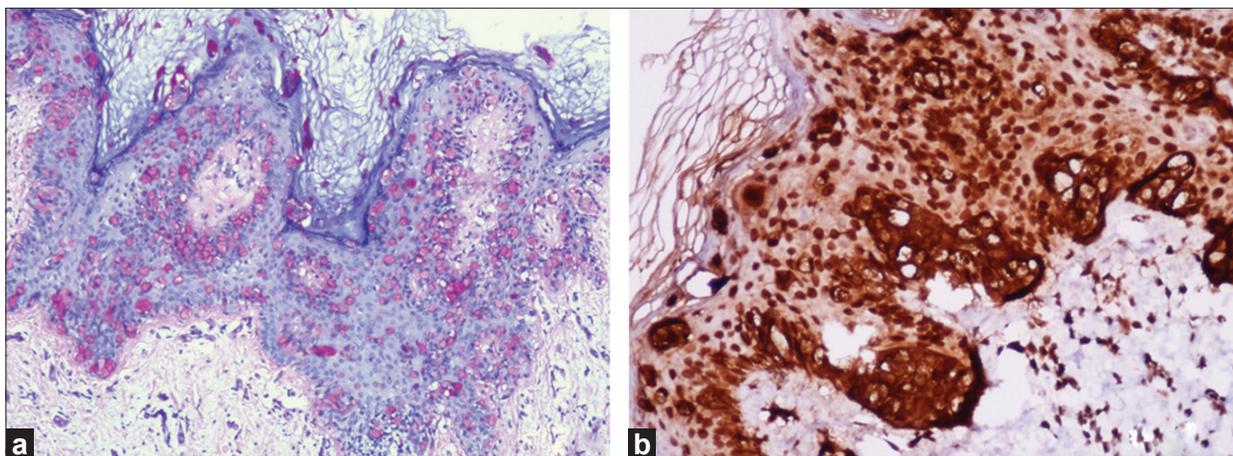


Figure 3: (a) Paget cells showing intracytoplasmic PAS positivity (PAS, x200); (b) CEA immune stain showing strong cytoplasmic positivity in the tumor cells (IHC, x200)

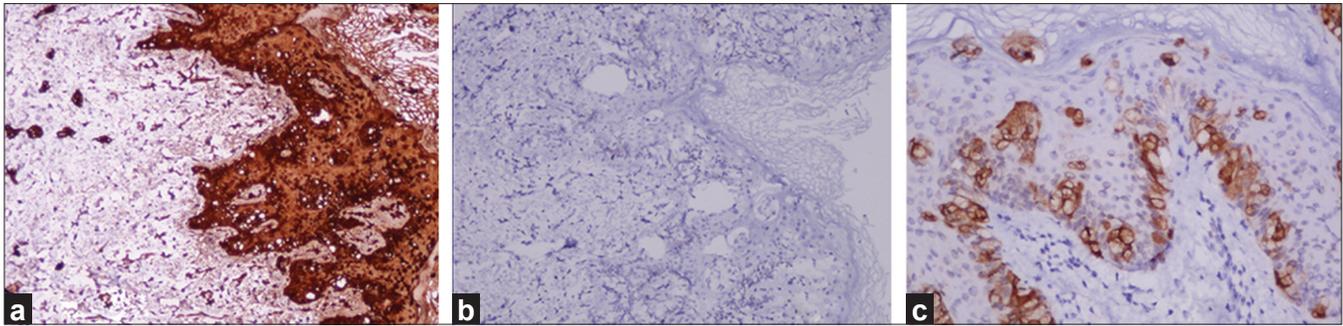


Figure 4: (a) CK-7 positivity in tumor cells (IHC, ×200); (b) tumor cells negative for CK-20 (IHC, ×200); (c) GCDFP-15 positivity in scattered tumor cells (IHC, ×200)



Figure 5: (a) PET–CT showing FDG uptake as irregular skin thickening in the left pubic region; (b) Foci of abnormal FDG uptake in all vertebrae, sternum, ribs, limb girdle bones, and proximal femora and humeri

of the extensive metastases, surgical management was ruled out. The patient refused chemotherapy and was given radiation to the lower back and intravenous zoledronic acid for the pain relief.

DISCUSSION

The current theory is that primary EMPD arises as

an intraepidermal neoplasm, in most cases from the intraepidermal portion of an apocrine sweat duct or from pluripotent keratinocyte stem cells.^[2] This form is not associated with an underlying adenocarcinoma. The prognosis for this form of EMPD is excellent. Rarely, primary EMPD can become invasive, infiltrating the dermis and even metastasizing to the regional lymph nodes and to distant sites.^[5] In contrast, secondary EMPD is due to an epidermotropic spread of malignant cells from an underlying adenocarcinoma in a dermal adnexal gland or due to contiguous spread from adjacent genitourinary or lower gastrointestinal tract epithelium.^[6] The occasional co-occurrence of EMPD and mammary Paget’s disease suggest that oncogenic stimuli induce multicentric malignant changes in intraepidermal, adnexal, and distant anatomic areas.^[7]

The pattern of cytokeratin expression may help in predicting the presence or absence of associated internal malignancy.^[8] Patients with underlying lower gastrointestinal tract, especially colonic malignancy show CK-7 negativity and CK-20 positivity.^[8] GCDFP-15 is strongly expressed in patients of EMPD without an underlying internal malignancy.^[9] Primary (intraepidermal) EMPD shows CK-7 and GCDFP-15 positivity and CK-20 negativity^[10] as was seen in this case. Positive staining with CEA is more in favor of EMPD, while negative staining seems to be associated more frequently with underlying carcinoma.^[11] PAS positivity is due to the presence of sialomucin, which is present in large quantities in patients with EMPD, displacing the nuclei of Paget cells to the periphery and giving rise to the ‘signet ring’ appearance.^[12] Cho *et al.* reported seven patients with EMPD in whom whole-body 18F-FDG–PET scan showed mild FDG uptake at the primary site in the skin in four patients. Among these four patients, three showed dermal invasion and two patients showed multiple hypermetabolic foci of skeletal metastases and lymph node involvement.^[13]

Patients with intraepidermal and minimally invasive (up to the level of the papillary dermis) EMPD carry a good prognosis. Clinical presence of a nodule in the primary lesion, regional lymph node involvement, and histopathological evidence of dermal invasion are indicators of poor prognosis. Hatta and colleagues have proposed a lymph node staging system where 'N0' implies no lymph node involvement, 'N1' unilateral involvement, and 'N2' bilateral or distant metastatic disease.^[4]

Various treatment modalities are advocated for EMPD. Surgery is considered the mainstay of treatment, especially in patients with primary intraepidermal disease. Other modalities of treatment are CO₂ and Nd:YAG lasers and photodynamic therapy. Topical treatment using 5-fluorouracil, 3.5% bleomycin, and imiquimod have been reported to be effective. Many anecdotal reports have been published of various chemotherapeutic regimes in locally advanced and metastatic EMPD; these include 5-fluorouracil alone and combinations of 5-fluorouracil/ mitomycin C, carboplatin/ 5-fluorouracil, vincristine/ cisplatin/ 5-fluorouracil.

We report this case because of its rarity and because of the extensive skeletal metastases, which is also unusual. We wish to emphasize the importance of early biopsy for any persistent and treatment-resistant skin lesion over the external genital and perianal region.

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