

## Mucosal carotenoderma

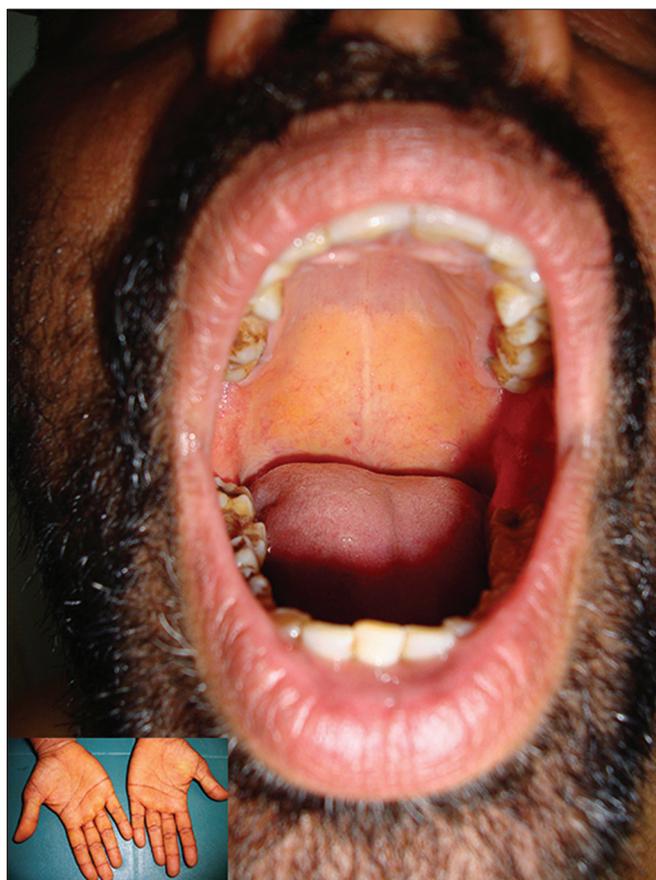


Figure 1: Yellowish-orange discoloration of the palate and the palms (inset)

A 27-year-old man presented with a history of yellowish discoloration of the skin over his palms. He had a history of increasing the amount of carrots and cucumbers in his diet over the last 4 months. On examination there was significant yellowish discoloration over the palms and prominent yellowish discoloration of the palate [Figure 1]. The sclera was normal. On investigating the patient, all the laboratory parameters including the liver functions tests, renal function tests, thyroid profile and blood sugars were within normal limits. A diagnosis of primary carotenoderma was made and the patient was advised to avoid foods with high carotene levels. Normally, the discoloration of carotenoderma subsides in about 3 months after cessation of excess carotene intake.

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