1st session 2nd session % No. No.

50.0

43.3

56.7

40.0

60.0

44.8

55.2

43.3

56.7

number of included participants for this parameter was less than 30 due to the absence of bacterial growth in the pre- session culture

(n = 30)15 50.0

(n = 30)

(n = 30)

#(n = 29)

(n = 30)

15

13

17

12

18

13

16

13

17

p: p value for comparing between the four studied sessions *: Statistically significant at p < 0.05

No.

13

17

12

18

9

21

12

17

15

15

number of included participants for this parameter was less than 30 due to

the absence of bacterial growth in the pre-session culture

Table (S2): Distribution of participants according to their percentage of reduction in to in different bacterial parameters in the pre-S1 versus the pre-S4 session (n = 30)

Percentage reduction of bacterial counts

(< or ≥50% reduction of bacterial counts)

Aerobic count

Anaerobic count

Total staphylococci

Lipophilic bacteria

< 50%

>50%

<50%

>50%

<50%

>50%

<50%

>50%

S. hominis

<50%

>50%

Q: Cochran's test

Aerobic count <50%

Anaerobic count <50%

Total staphylococci

#Lipophylic count (n = 29)

>50%

>50%

< 50%

>50%

<50%

>50%

S. hominis <50%

≥50%

13

17

16

14

12

18

9

19

9

21

%

43.3

56.7

40.0

60.0

30.0

70.0

41.4

58.6

50.0

50.0

(n = 30)

(n = 30)

#(n = 28)

(n = 30)

Supplementary Tables

Table (S1): Distribution of participants according to their percentage of reduction in bacterial counts in each session (pre-versus post session) (n = 30)

> (n = 30)43.3 56.7

> > 53.3

467

40.0

60.0

32.1

67.9

30.0

70.0

%

3rd session

(n = 30)

(n = 30)

(n = 30)

(n = 30)

#(n = 28)

No.

11

19

12

18

12

18

7

23

8

20

%

36.7

63.3

40.0

60.0

40.0

60.0

23.3

76.7

28.6

71.4

4th session

(n = 30)

(n = 30)

(n = 30)

#(n = 27)

#(n = 29)

%

33.3

66.7

33.3

66.7

26.7

73.3

3.7

96.3

20.7

79.3

No.

10

20

10

20

8

22

1

26

6

23

Q

2.360

2.528

1.636

14.143

4.652

р

0.501

0.470

0.651

0.003

0.199