

Supplementary File 3. Dermatology Life Quality Index (DLQI) questionnaire and its scoring.

1. Over the last week, how itchy, sore, painful or stinging has your skin been?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

2. Over the last week, how embarrassed or self-conscious have you been because of your skin?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

3. Over the last week, how much has your skin interfered with you going shopping or looking after your home or garden?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

0 = Not relevant

4. Over the last week, how much has your skin influenced the clothes you wear?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

0 = Not relevant

5. Over the last week, how much has your skin affected any social or leisure activities?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

0 = Not relevant

6. Over the last week, how much has your skin made it difficult for you to do any sport?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

0 = Not relevant

7. Over the last week, has your skin prevented you from working or studying?

3 = Yes

* = No

0 = Not relevant

* If "No", over the last week how much has your skin been a problem at work or studying?

2 = A lot

1 = A little

0 = Not at all

8. Over the last week, how much has your skin created problems with your partner or any of your close friends or relatives?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

0 = Not relevant

9. Over the last week, how much has your skin caused any sexual difficulties?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

0 = Not relevant

10. Over the last week, how much of a problem has the treatment for your skin been, for example by making your home messy, or by taking up time?

3 = Very much

2 = A lot

1 = A little

0 = Not at all

0 = Not relevant

Source: Finlay AY, Khan GK. Dermatology Life Quality Index (DLQI)-a simple practical measure for routine clinical use. *Clin Exp Dermatol.* 1994;19(3):210-216. doi:10.1111/j.1365-2230.1994.tb01167.x