

SUPPLEMENTARY FILE 1

The following are some indicators that point towards the possibility of CSA:¹⁵

PHYSICAL INDICATORS	BEHAVIOURAL INDICATORS
<ul style="list-style-type: none">• Unexplained genital injury• Recurrent vulvo-vaginitis• Vaginal or penile discharge• Bedwetting and fecal soiling beyond the usual age• Anal complaints (e.g. fissures, pain, bleeding)• Pain on urination• Urinary tract infection• Sexually Transmitted Infections• Pregnancy• Presence of Semen / Sperm• Chronic Fatigue Syndrome, IBS, Chronic Pain Syndrome.	<ul style="list-style-type: none">• Immediate reactions include shock, fear, confusion, guilt, shame, anger and sadness.• Regression in behaviour, school performance or developmental milestones• Acute traumatic response such as clingy behaviour and irritability in young children• Sleep disturbances• Eating disorders• Social problems, problems at school• Depression• Poor self-esteem• Inappropriate sexualized / hyper-sexualized behaviour• Recurrent self-harm