

Study ID	Randomization process	Deviations from intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported result	Overall
NCT00678210	+	+	+	+	+	+
NCT01241591	+	+	+	+	+	+
NCT01276639	+	+	+	+	+	+
NCT01309737	+	+	+	+	+	+
NCT01815424	+	+	+	+	+	+
NCT01882439	+	+	+	+	+	+
NCT01877668	+	+	+	+	+	+


 Low risk
 Some concerns
 High risk

Figure S1 Risk of bias assessment for included studies.